

## YORK REGION RESPITE SERVICES

(Updated: May-September 2023)

*This listing was prepared by the York Region CHAP Program, the York Region Respite Access Facilitator, and the York Region Respite Committee as an aid to families in their respite planning. The information contained does not necessarily reflect those of the parties mentioned above and is not an endorsement of the content. We encourage families to contact the agencies directly and check on the fees that may be involved as they do change periodically.*

### ADULT OPTIONS (18+):

Agency Name	Cost \$		\$		Type of Respite		Ages			Options				Camps		Seasonal			Needs Served				
	Per Hour	Per day	Not for Profit	Profit	In Home	Out of Home	Children	Adult	All ages	Days	Evening	Overnights	Weekends	Day Camps	Residential Camps	March Break	Summer Break	Winter Break	developmental delay	dual diagnosis	autism	multiple disabilities	medically fragile
<b>A Helping Hand Always Inc.</b> 3048 Barrie Hill Rd. Springwater, ON L4M 4S4 <b>Contact: Ivette Dawson</b> Telephone: 705-792-4133 Email: <a href="mailto:info@ahelpinghandalways.com">info@ahelpinghandalways.com</a> Website: <a href="http://www.ahelpinghandalways.com">www.ahelpinghandalways.com</a>	\$35			*	*	*		*		*	*	*	*	*	*	*	*	*	*	*	*	*	*
<b>Aptus Treatment Centre</b> 40 Samor Rd, North York, ON M6A 1J6 <b>Contact: Anita Kuipers, Manager Operations</b> Phone: (416) 729-7641 Email: <a href="mailto:info@aptustc.com">info@aptustc.com</a> <a href="mailto:anitak@aptustc.com">anitak@aptustc.com</a>  link to secure application	1:3 support ratio \$19/hr	Saturday \$225/6 hr day	*			*		*		*		*	*		*	*	*	*	*	*			



Agency Name	Cost \$		\$		Type of Respite		Ages			Options				Camps		Seasonal			Needs Served				
	Per Hour	Per day	Not for Profit	Profit	In Home	Out of Home	Children	Adult	All ages	Days	Evening	Overnights	Weekends	Day Camps	Residential Camps	March Break	Summer Break	Winter Break	developmental delay	dual diagnosis	autism	multiple disabilities	medically fragile
<b>Contact:</b> Nnolika Niles Telephone: 647-554-9870 Email: <a href="mailto:n.niles@optiononestaffingagency.com">n.niles@optiononestaffingagency.com</a>		hrs) \$100/ Day Progr am																					
<b>Belwood Lodge and Camp</b> 322 Third St. RR#1 Belwood, ON NOB 1J0 Telephone: 519-843-1211 Email: <a href="mailto:info@belwoodlodgeandcamp.caom">info@belwoodlodgeandcamp.caom</a> Website: <a href="http://www.belwoodlodgeandcamp.com">www.belwoodlodgeandcamp.com</a>			*		*			for people aged 7-99*			*			*		*		*	*	*	*		
<b>Blossom Group</b> (Oro-Medonte) Telephone: 705-733-8785 Email: <a href="mailto:info@bloomingacres.com">info@bloomingacres.com</a> Website: <a href="https://blossomgroup.ca/">https://blossomgroup.ca/</a>			*		*			*			*			*	*	*	*	*	*	*	*		
<b>Bob Rumball Camp for the Deaf</b> 236 Blackstone and Crane Lake Road Parry Sound, ON P2A 2W8 Telephone: 705 378 2898 TTY: 705-378-0512 Email: <a href="mailto:deafcamp@bobrumball.org">deafcamp@bobrumball.org</a> Website: <a href="http://www.deafcamp.ca/">http://www.deafcamp.ca/</a>		\$600/ week	*		*			*					*	*		*		*	*	*	*		
<b>CBI Health</b> Services around the Province Telephone: 1-800-463-2225 Newmarket area:905-715-7950 Website <a href="http://www.cbihealth.ca">www.cbihealth.ca</a>	\$24			*	*			*	*	*	*	*						*	*	*	*	*	*

Agency Name	Cost \$		\$		Type of Respite		Ages			Options				Camps		Seasonal			Needs Served				
	Per Hour	Per day	Not for Profit	Profit	In Home	Out of Home	Children	Adult	All ages	Days	Evening	Overnights	Weekends	Day Camps	Residential Camps	March Break	Summer Break	Winter Break	developmental delay	dual diagnosis	autism	multiple disabilities	medically fragile
Does not work with dangerous (for service provider) behaviors																							
<b>CHAP Program</b> <b>(Community Helpers for Active Participation)</b> 240 Edward Street, Unit#3 Aurora, ON L4g 3S9 <b>Contact: Gowsica Sajepan</b> Telephone: 905-898-6455 ext. 2247 Email: gsajepan@yssn.ca Website: <a href="http://www.respiteservices.com">www.respiteservices.com</a>			*		*	*		*	*	*	*	*							*	*	*	*	*
<b>Cherish Integrated Services</b> 1271 Denison St, Unit 64-65 Markham, Ontario L3R 4B5 <b>Contact: Kyoko Leung</b> Telephone: 905-604-9290 Email: <a href="mailto:info@cherishis.org">info@cherishis.org</a> Website: <a href="http://www.cherishis.org">www.cherishis.org</a>			*			*		*	*			*			*	*	*	*	*	*	*	*	*
<b>Christian Horizons (Central District Office)</b> <b>Contact: Charles Milton</b> Telephone: 416-630-3646 Email: <a href="mailto:cmilton@christian-horizons.org">cmilton@christian-horizons.org</a> Website: <a href="http://www.christian-horizons.org">www.christian-horizons.org</a> Most of the Central District services are available only through DSO.  For respite in <b>Durham Region</b> Contact: Odelia Oswago			*			*	*				*	*		*		*	*	*	*		*	*	

Agency Name	Cost \$		\$		Type of Respite		Ages			Options				Camps		Seasonal			Needs Served				
	Per Hour	Per day	Not for Profit	Profit	In Home	Out of Home	Children	Adult	All ages	Days	Evening	Overnights	Weekends	Day Camps	Residential Camps	March Break	Summer Break	Winter Break	developmental delay	dual diagnosis	autism	multiple disabilities	medically fragile
<p>Email: <a href="mailto:durhamcr@christian-horizons.org">durhamcr@christian-horizons.org</a></p> <p>For <b>respite</b> in <b>Halton-Peel</b>  Contact: Darlene Bramer  Email: <a href="mailto:peelctrp@christian-horizons.org">peelctrp@christian-horizons.org</a></p> <p><b>Family camp</b> (Summer, Winter)  Email: <a href="mailto:familycamp@christian-horizons.org">familycamp@christian-horizons.org</a></p>																							
<p><b>Community Living Georgina</b>  P.O. Box 68  Sutton West, ON L0E 1R0  Telephone: (905) 722-8885 x370  Email: <a href="mailto:respite@communitylivinggeorgina.com">respite@communitylivinggeorgina.com</a>  Website: <a href="http://www.communitylivinggeorgina.com">www.communitylivinggeorgina.com</a></p>			*			*	*		*	*								*					
<p><b>Community Living Central York</b>  575 Penrose St, Newmarket, ON L3Y 5L5  <b>Contact: Kate Sisopha</b>  Telephone: 905-898-3000 ext. 510  Email: <a href="mailto:kate.sisopha@clcy.ca">kate.sisopha@clcy.ca</a>  Website: <a href="https://clcy.ca/">https://clcy.ca/</a>  *free programs are only through DSO</p>	Fee for service *		*			*	*			*		*						*					

Agency Name	Cost \$		\$		Type of Respite		Ages			Options				Camps		Seasonal			Needs Served				
	Per Hour	Per day	Not for Profit	Profit	In Home	Out of Home	Children	Adult	All ages	Days	Evening	Overnights	Weekends	Day Camps	Residential Camps	March Break	Summer Break	Winter Break	developmental delay	dual diagnosis	autism	multiple disabilities	medically fragile
<b>Community Living York South</b> 101 Edward Avenue, Richmond Hill, ON L4C 5E5 <b>Contact: Ritu Singarayer</b> Telephone: 905-884-9110 Ext 523 Email: <a href="mailto:rsingarayer@communitylivingyorksouth.ca">rsingarayer@communitylivingyorksouth.ca</a> Website: <a href="http://www.communitylivingyorksouth.ca">http://www.communitylivingyorksouth.ca</a> *1:1 support is not provided by CLYS, please connect with camp coordinators if 1:1 is required			*			*			(Age 8 and above) *	*				*				*		*			
<b>Connections Day program</b> 451 Botsford Street, Unit 5 & 6 Newmarket ON L3Y 1T2  Telephone: 416-742-3282				*		*		*		*								*		*			
<b>Crossing-Bridge Support Services</b> 8501 Bayview Avenue, Richmond Hill, Ontario <b>Contact:</b> Contact: Peter Savo and Justin Mudryk Phone: (647) 293-9234 Email: <a href="mailto:info.crossingbridge@gmail.com">info.crossingbridge@gmail.com</a>	\$40-45,			*	*	*		*	*	*		*						*	*	*	*		
<b>Dorvict Home and Health Care Services</b> Min Hours: 4 hours Telephone: 705-727-0287 ( Barrie), 416-661-1740 (Toronto) Email: info@dorvict.com Website: www.dorvict.com				*	*	*		*	*	*	*	*						*	*	*	*		







Agency Name	Cost \$		\$		Type of Respite		Ages			Options				Camps		Seasonal			Needs Served				
	Per Hour	Per day	Not for Profit	Profit	In Home	Out of Home	Children	Adult	All ages	Days	Evening	Overnights	Weekends	Day Camps	Residential Camps	March Break	Summer Break	Winter Break	developmental delay	dual diagnosis	autism	multiple disabilities	medically fragile
<p>11181 Yonge St, Unit 317 Richmond Hill, ON L4S 1L2 <b>Contact: Deanna Pietramala</b> Telephone: 647-554-6543 Email: <a href="mailto:deanna@leapsandboundsservices.com">deanna@leapsandboundsservices.com</a> Website: <a href="http://www.leapsandboundsservices.com">www.leapsandboundsservices.com</a></p>	\$35 to \$50																						
<p><b>Mary Centre</b> 530 Wilson Ave, Suite 210 Toronto, ON M3H 5Y9 Telephone: 416-630-5533 Email: <a href="mailto:support@marycentre.com">support@marycentre.com</a> Website: <a href="http://www.marycentre.com">www.marycentre.com</a></p>			*		*		*		*	*	*	*						*	*	*	*	*	*
<p><b>Meta Centre</b> Website: <a href="http://www.metacentre.ca">www.metacentre.ca</a></p> <p><b>Richmond Hill</b> 10 West Pearce St., Unit #8 Richmond Hill, ON L4B 1B6 <b>Contact: Audrey Daley</b> Telephone: Email: <a href="mailto:adaley@metacentre.ca">adaley@metacentre.ca</a></p> <p><b>Vaughan</b> 201 Millway Ave., Unit #10 Vaughan, ON L4K 5K8 <b>Contact: Meredith Stephenson,</b></p>			*		*			*	*			*			*	*		*	*	*	*	*	*

Agency Name	Cost \$		\$		Type of Respite		Ages			Options				Camps		Seasonal			Needs Served				
	Per Hour	Per day	Not for Profit	Profit	In Home	Out of Home	Children	Adult	All ages	Days	Evening	Overnights	Weekends	Day Camps	Residential Camps	March Break	Summer Break	Winter Break	developmental delay	dual diagnosis	autism	multiple disabilities	medically fragile
Telephone: 416-736-0199 ext. 317 Email: <a href="mailto:mstephenson@metacentre.ca">mstephenson@metacentre.ca</a>  <b>Respite Services and Programming</b> <b>Contact: Nicole Corasaniti</b> Telephone: 416-736-0199 ext. 337 Email: <a href="mailto:ncorasaniti@metacentre.ca">ncorasaniti@metacentre.ca</a>																							
<b>Next Steps</b> <i>Trinity United Church, 461 Park Ave.,            Newmarket, ON L3Y 1V9 (</i> <b>Contact: Scott MacPherson</b> Telephone: 905-251-5610 Email: <a href="mailto:scottmacpherson@hotmail.ca">scottmacpherson@hotmail.ca</a>		\$70		*		*		*		*			*					*		*	*	*	*
<b>Nnenia Extended Care Services Inc.</b> <i>115147 27 &amp; 28 Sideroad            Grand Valley, ON, L0N 1G0</i> <b>Contact: Naem Walton</b> Telephone: 647-915-5766 (c) 289-875-4045 (h) Website: <a href="https://www.nnenia.org/">https://www.nnenia.org/</a>				*		*		*			*							*	*	*	*		
<b>Option One staffing agency</b> <b>Contact: Nnolika Niles</b> Telephone: (647)5549870 Email: <a href="mailto:n.niles@optiononestaffingagency.com">n.niles@optiononestaffingagency.com</a>	\$37			*	*	*		*	*	*		*						*	*	*	*		
<b>Ontario Special Olympics</b> <i>18 Wynford Drive, Suite 300,</i>			*			*		*	*	*		*						*		*			



Agency Name	Cost \$		\$		Type of Respite		Ages			Options				Camps		Seasonal			Needs Served				
	Per Hour	Per day	Not for Profit	Profit	In Home	Out of Home	Children	Adult	All ages	Days	Evening	Overnights	Weekends	Day Camps	Residential Camps	March Break	Summer Break	Winter Break	developmental delay	dual diagnosis	autism	multiple disabilities	medically fragile
<b>Thornhill, ON L4J 8G6</b> <b>Contact: Grace Ceron</b> Sr. Respite Coordinator Tel: (905) 889-6484 ext. 2115 Email: GCeron@reena.org Website: <a href="http://www.reena.org">www.reena.org</a>																							
<b>Shadow Lake Centre</b> 15041 9 <sup>th</sup> Line Stouffville, ON L4A 7X3 <b>Contact: Gary Ouellette</b> Telephone: 905-640-6432 Email: <a href="mailto:gouellette@cltoronto.ca">gouellette@cltoronto.ca</a> Website: <a href="http://www.shadowlakecentre.ca">http://www.shadowlakecentre.ca</a>			*			*		*			*	*		*	*	*	*	*	*	*	*		
<b>South Asian Autism Awareness Centre (SAAAC) camp</b> Birchmount Campus 1870 Birchmount Road Scarborough, Ontario M1P 2J7 Email: info@saaac.org Telephone: 416-289-0100 Website: <a href="http://saaac.org/">http://saaac.org/</a>		\$80		*		*	up to 35	*	*						*	*			*	*	*		
<b>The A.B.L.E. Network</b> <b>General Inquiries</b> Email: <a href="mailto:inquiries@theablenetwork.ca">inquiries@theablenetwork.ca</a> Main Office: 905-841-7627  <b>Intake Inquiries</b> Email: <a href="mailto:intake@theablenetwork.ca">intake@theablenetwork.ca</a> Aurora			*			*	*		*									*	*	*			

Agency Name	Cost \$		\$		Type of Respite		Ages			Options				Camps		Seasonal			Needs Served				
	Per Hour	Per day	Not for Profit	Profit	In Home	Out of Home	Children	Adult	All ages	Days	Evening	Overnights	Weekends	Day Camps	Residential Camps	March Break	Summer Break	Winter Break	developmental delay	dual diagnosis	autism	multiple disabilities	medically fragile
<p>44 Metcalfe St. Aurora, ON L4G 1E6 Telephone: 905-841-7627</p> <p>Richmond Hill 11339 Yonge St. Richmond Hill, ON L4S 1L1 Telephone: 905-717-7164</p> <p>Stouffville 6432 Main St. Whitchurch-Stouffville, ON L4A 1G3 Telephone: 416-528-8375</p>																							
<p><b>The Base (A Lifestyle Enriched Program)</b> Recreation Youth Centre, 56 Charles St., Newmarket, ON L3Y 3V8 Telephone: (905) 953-5300 ext. 2821 Email: <a href="mailto:inclusion@newmarket.ca">inclusion@newmarket.ca</a></p>			*			*	*		*				*		*	*	*	*		*			
<p><b>The Behaviour Company Support Worker Program</b> Contact: Zainab Fazal Email: <a href="mailto:zainab@behaviourcompany.com">zainab@behaviourcompany.com</a> Link to book consultation: <a href="https://calendly.com/zainabfazal/support-worker-inquiry-meeting">https://calendly.com/zainabfazal/support-worker-inquiry-meeting</a></p>				*	*	*	*		*	*		*						*	*	*			

Agency Name	Cost \$		\$		Type of Respite		Ages			Options				Camps		Seasonal			Needs Served				
	Per Hour	Per day	Not for Profit	Profit	In Home	Out of Home	Children	Adult	All ages	Days	Evening	Overnights	Weekends	Day Camps	Residential Camps	March Break	Summer Break	Winter Break	developmental delay	dual diagnosis	autism	multiple disabilities	medically fragile
<b>The Centre for Dreams</b> 8515 McCowan Road, Suite 200, Markham, ON L3P 5E4 Telephone: 905-209-9092 Email: <a href="mailto:info@centrefordreams.ca">info@centrefordreams.ca</a> Website: <a href="http://centrefordreams.ca">http://centrefordreams.ca</a>	3 days/w - \$1,168/ month		*			*			*										*	*			
	4 days/w -\$1,552																						
	5 days/w -\$1,944																						
<b>Under the Banyan Tree</b> 43 Ferrier Street Markham, ON L3R 3K6 Telephone: 905-947-0036 Email: <a href="mailto:admin@underthebanyantree.ca">admin@underthebanyantree.ca</a>		\$70	*			*			*	*		*		*	*	*		*	*	*	*		
<b>Vita Community Services/ MENS SANA</b> 4301 Weston Road, Toronto, ON M9L 2Y3 <b>Contact: Emily Romita</b> Telephone: 416-749-6234 ext 242 Email: <a href="mailto:eromita@vitacls.org">eromita@vitacls.org</a> Website: <a href="http://www.vitacls.org">www.vitacls.org</a>			*			*			*	*	*	*			*	*		*	*	*	*		
<b>Williams Marijan &amp; Associates Inc. (wm+a)</b> 130 North Queen Street, Unit #1 Toronto, Ontario, M8Z 2E4 Telephone : 416-367-5968	\$35+			*	*	*			*	*	*	*						*	*	*	*		

Agency Name	Cost \$		\$		Type of Respite		Ages			Options				Camps		Seasonal			Needs Served				
	Per Hour	Per day	Not for Profit	Profit	In Home	Out of Home	Children	Adult	All ages	Days	Evening	Overnights	Weekends	Day Camps	Residential Camps	March Break	Summer Break	Winter Break	developmental delay	dual diagnosis	autism	multiple disabilities	medically fragile
Email: <a href="mailto:info@wmanda.com">info@wmanda.com</a> Website: <a href="https://wmanda.com/">https://wmanda.com/</a>																							
<b>York Region Respite Care</b> <b>Contact: Melissa Joisten or Adina</b> Telephone: 905-928-9772 Email: support@yrrcinc.com Web: <a href="https://www.yorkregionrespitecare.ca/">https://www.yorkregionrespitecare.ca/</a>	\$33			*	*	*			*	*	*	*	*						*	*	*	*	*