











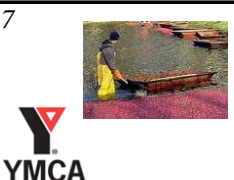



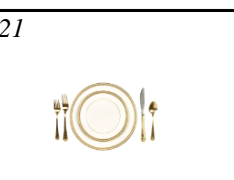
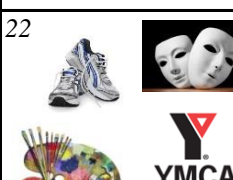
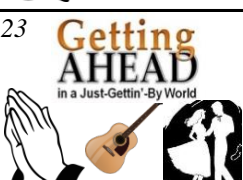
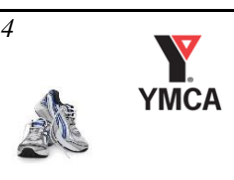
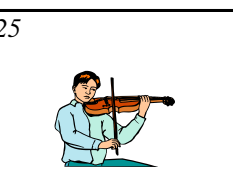
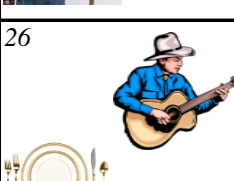
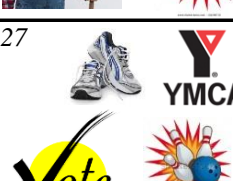























Senior Services Community Activities October 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 	2 Getting AHEAD in a Just-Gettin'-By World 	3 	4 
5 	6 	7	8 50+ 	9 Getting AHEAD in a Just-Gettin'-By World 	10 	11
12 HAPPY THANKSGIVING!	13 	14	15 	16 Getting AHEAD in a Just-Gettin'-By World 	17 	18 
19 	20 	21 	22 	23 Getting AHEAD in a Just-Gettin'-By World 	24 	25 
26 	27 	28	29 	30 Getting AHEAD in a Just-Gettin'-By World 	31 	

Senior Services Community Activities October 2014

 <p>Art Classes with Debbie McGibbon 9:30 - 11:30 am Fee for Class</p>	 <p>Drama Classes with Debbie McGibbon 12:30 - 2:30 pm Fee for Class</p>	 <p>Fitness for Seniors Cycle on stationary bike (Wed 10-11) Exercises (Mon & Fri 10-12) Stretch and strength (Wed. 11-12)</p>
 <p>Faith & Friendship 10:00 am 38 Joseph Street</p>	 <p>Salvation Army - Bridges out of Poverty 15 weeks starting Sept 4 11 am - 2 pm</p>	 <p>Music @ the Legion 1 pm</p>
 <p>Seniors Line Dancing 10 am - 12 noon \$ 3.00 per session YMCA</p>	 <p>Fall Jam 2014 ATV Events</p>	 <p>2014 Fall Fun Ride 10 am - 12 noon Parry Sound Mall to McDougall Rec Centre</p>
 <p>Legion Country Music 1 - 4 pm</p>	 <p>Bowling 1 - 2:30 pm Georgian Lanes</p>	 <p>Barb Kerr 50+ Lifestyle Expo 10 am - 2 pm Stockey Centre</p>
 <p>Bala Cranberry Festival</p>	 <p>Swiss Country House Hillbilly Weekend</p>	 <p>YMCA Walking Program 1-2:30 pm</p>
 <p>Friendship Dinner Presbyterian Church Oct. 21 5:30 pm Baptist Church Oct. 26 4:30 pm</p>	 <p>Terry Little's Fiddle Fest Stockey Centre</p>	 <p>Municipal Election Day</p>