

Respite Services

- Short term and long term
- In home or out of home
- Assistance with homework
- Lifeskill training
- Social skills building
- Weekend, weekly, monthly options



Youth Enrichment Center

Community based, independent program that supports youth

Contact Us

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Youth Enrichment Center



Youth Enrichment Center is a community based, independent program that supports youth with development and mental health struggles in ensuring they reach their maximum potential. Allowing for a seamless transition into the adult sector



Services

- Continued Behavioural Interventions
- Continued Physiotherapy
- Assistance with budgeting
- Community Networking Assistance
- Assistance with the transition into adult sector
- Development of visual aids
- Assistance with securing funding

What We Offer Programming

- Academic Skills
- Development of coping strategies
- Fine Motor Skills
- Speech activities
- Gross Motor activities
- Cooking/baking
- Social Skill building
- Social media awareness/safety
- Crafts and science experiments
- Hygiene skills
- Independence Building
- Community safety/awareness
- Development of values and respect
- Building and maintaining friendships
- Understanding different relationships



Who We Are

YEC provides programs and services to youth ages 10 to 18 who are diagnosed with a developmental, physical, or mental disability.

We allow youth to develop and build their skills in a safe, social, and inclusive environment while helping to prepare them for adulthood and continued supports