

## COMMUNITY RECREATION & LEISURE FOR YOU

RECREATION THERAPY (902) 470-7539 or (902) 470-6865



Our Vision Healthy families. The best care. Notre vision Des familles en bonne santé. Les meilleurs soins.

Ta'n telnmitu'k Ta'jiko'īti new aqq maw Kelukewk tlo'tasultinew, Kikmanaq. عائلات تتمتع بالصحة. أفضل رعاية. رؤيتنا



### **Contents**

### 1. Recreation Opportunities

- a. Bowling P.2
- b. Curling P.3
- c. Dance P.4
- d. Downhill Skiing P.5
- e. Horseback Riding P.6-7
- f. Paddling P.8
- g. Sailing P.9
- h. Sledge P.10
- i. **Swimming P.11-15**
- j. Take PART P.16
- k. Water-skiing P.17
- I. Other Recreation Opportunities P.18-20

### 2. Camps

- a. Big Cove Camp P.22
- b. Brigadoon P.23
- c. Camp reachAbility P.24
- d. Camp Tidnish P.25
- e. Canada Games Centre P.26-27
- f. Dartmouth Sportsplex P.28
- g. HRM Camps P.29
- h. Sackville Sports Stadium P.30

### 3. Organizations

- a. Active Living Alliance P.32
- b. Paralympics P.33
- c. Special Olympics P.34
- d. Social, Cultural, Recreation Inclusion "The Club" P.35-36

### **Contents**

### 4. Funding Opportunities

- a. Canadian Tire Jumpstart P.38
- b. Canadian Tire Jumpstart & REC Kids P.39-40
- c. KidSport P.41-42
- d. President's Choice Children's Charity P.43
- e. Q104 Children's Trust Fund P.44
- 5. Adapted Equipment Loan Program Information P.46
- 6. Photos & Quotes P.47-50
- 7. Appendix
  - f. Access 2 Entertainment Card Application P.52-59
  - g. Canadian Tire Jumpstart & REC Kids Application P.60-62
  - h. Canada Games Centre Swimming Funding P.63
  - i. KidSport Application P.64-65
  - j. President's Choice Children's Charity Application P.66-69
  - k. Q104 Children's Trust Fund Application P.70



# RECREATION OPPORTUNITIES



### **Bowling**

### Wheelchair Accessible Facilities with Bowling Ramps

Fairlanes

Address: Halifax Shopping Center, Halifax, NS E1C 2S2

Phone: 1- 902-455-5446

Website: www.fairlanesbowling.ca

Bowlarama

Address: Bayers Road Shopping Centre, 3459 Desmond Avenue,

Halifax, NS B3L 0A7

Phone: 1-902-455-1519 Website: <u>www.bowlarama.ca</u>

Spryfield Bowlarama

Address: 16 Dentith Road Halifax, NS B3R 2H9

Phone: 1-902-479-2695

Beazley's Bowling

Address: 613 Main Street Dartmouth, NS B2W 3T6

Phone: 1-902-462-1666



### Curling

### **Lakeshore Curling Club**

Address: 409 Glendale Ave, Lower Sackville, NS B4C 3V3

Phone: 1-902-869-2875

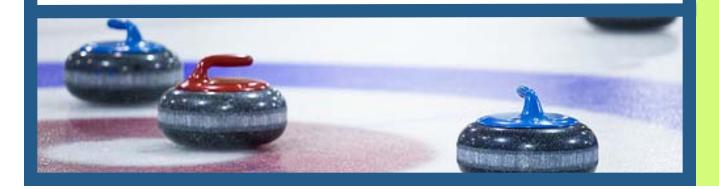
Website: www.lakeshorecurlingclub.com

The objective of wheelchair curling is to get the 19.1 kilogram stone as close to the centre ring as possible. Two co-ed teams play at a time, each having four members. A game consists of eight ends. During an end, teams alternate turns with each player "throwing," in fact sliding, two rocks toward the rings. In wheelchair curling there is no sweeping, which means each throw has to be even more precise. The player's wheelchair must be stationary during the throw and the stones can be thrown by hand or given an initial push with a cue.

Lakeshore is the home to one of the largest and most ambitious junior curling programs anywhere in Canada. All our programs feature an age-appropriate blend of games and instruction, with curlers divided into the following categories:

In addition to being lots of fun, curling teaches important values like cooperation, teamwork, and fair play. For more information on Lakeshore's junior program we invite you to contact us today.

League	Age	
Ice Cubes:	5-7 years - New Curlers	
Little Rocks:	5-11 years	
Juniors:	12-20 years	
Competitive Junior League	12-20 years - Extra Program	



### **Dance**

### **Halifax Dance Academy**

Address: 1505 Barrington Street, Suite G6

Phone: 1-902-422-2006 Website: www.halifaxdance.ca

#### **Special Needs Inclusive Movement Class**

Halifax Dance is proud to offer Inclusive Movement classes for children and youth with special needs. This program embraces the fact that each child is unique, and through dance, facilitates the learning and discovery of their strengths while engaging their imagination during the exploration of movement. These classes allow children to grow socially by interacting with other children, their instructor and teaching assistants, while also learning to express themselves in dance.

It is an unfortunate reality that children with disabilities have access to very few leisure opportunities in our community. The programs that are typically offered do not always cater to the entire families' needs. Through parent interaction and constant feedback, Halifax Dance has created a program that has built upon these needs and has co-created a community that families love to be a part of.

Halifax Dance is fortunate to have Inclusive Movement instructor, Jennifer Loane, as part of our family. Jennifer was the visionary and driving force behind the creation of these specialized programs. Jen is a Kinesiologist (BScK) and Recreation Therapist (BScTR, CTRS) from Halifax. Five years ago Jen created these specialized programs because she is a passionate teacher that recognized there was a glaring barrier for children and adults with disabilities who wished to access the world of dance. Jen is a certified ballet instructor with the Russian Ballet society of Canada as well as a Pilates instructor.

Age	Day	Time
4-7	Friday	4:30-5:15
8-12	Friday	5:30-6:15
4-7	Saturday	1:45-2:30



### **Downhill Skiing**

### **Canadian Association for Disabled Skiing (CADS)**

**Contact:** Linda Scott

Address: 5516 Spring Garden Rd, Halifax N.S.

Phone: 1-902-425-5450 ex - 349

Email: alpinens@sportnovascotia.ca

Website: www.disabledskiing.ca

The Canadian Association for Disabled Skiing is a volunteer based organization having as its main objective, assisting individuals with a disability to lead richer and fuller lives through active participation in recreational and competitive snow skiing and snowboarding. We are a national organization with 1130 disabled members and 1900 abled-bodied volunteers from all regions of Canada, committed to the idea that "skiing is fun for everyone".

#### How to get involved:

1. Become a member of CADS-NS by visiting the website above.

2. Call the ski hill to arrange a time the go skiing with a CADS instructor. They will request your height, weight, and will ask your skiing ability.

3. Have fun!

Phone numbers to ski hills: Ski Ben Eoin (902) 828-2804 Ski Martock (902) 798-9501 Ski Wentworth (902) 548-2089



### **Horseback Riding**

### **CanTRA (Canadian Therapeutic Riding Association)**

Contact: Sally Murphy

Address: 608 West Lawrencetown Road, Lawrencetown N.S.

Phone: 1-902-435-9344

### Halifax Area Leisure and Therapeutic Riding (H.A.L.T.R.)

Address: Halifax Junior Bengal Lancers 1690 Bell Rd, Halifax N.S.

Phone: 1-902-423-6723

Website: http://www.bengallancers.com

The Halifax Area Leisure and Therapeutic Riding Association is a charitable group that coexists with the Lancers. This organization offers riding to disabled members of our community.

Today HALTR provides safe riding and driving programs for people with special needs. HALTR is a member of the Canadian Therapeutic Riding Association (CanTRA) and as such we have access to accreditation standards, competition, education, insurance coverage, liaisons with Sport Canada, with Equine Canada (we link in with their coaching certification) with the Federation of Riding for the Disabled International and with the Paralympic Equestrian Committee. The HALTR program is run entirely by volunteers, including the CanTRA certified instructors. Each year, HALTR typically logs up 290 rider and driver hours.

H.A.L.T.R.'s members are Our members are mostly children and young adults, with disabilities such as SpinaBifida, Downs Syndrome, Stroke Victim, Cerebral Palsy, Multiple Sclerosis, Traumatic Brain Injury, Hearing and Visually Impaired, Attention Deficit Disorder, Neurological Disorder and Learning Disabilities.

To get involved in therapeutic riding with H.A.L.T.R., contact Sally Murphy (902) 435-9344 to set up an assessment for suitability of therapeutic riding.



### **Horseback Riding**

### **Boulderwood Stables (Recreational riding only, not therapeutic)**

Address: 7321 Highway #1 Ardoise, NS B0N 1L0

Phone: 1-902-791-1215

Website: <u>www.boulderwood.com</u>

#### **Trail Riding**

Trail Rides are about an hour long. Rides follow well groomed trails across open fields and managed woodlands. There is a richness of animal and plant life. Don't be surprised by Deer standing a few feet away, 'people watching', as you ride past. Our rides are tailored to each group, with a variety of different horses and trails. We will pick the horse for you based on your ability. All rides go at the speed of the least comfortable rider to keep it safe and enjoyable for everyone. Most rides will trot and canter.

#### **Day Camps**

Day Camps are either full day or half day. The day is tailored to the day campers, and include trail rides, lessons, and horse care time. You will meet lots of young riders like yourself, prepare to have fun and leave tired.

#### Lessons

Our instructors' goal is to help young riders become comfortable on their horse, ride safely and have a good time. Each lesson is tailored to the students' level, starting at the beginning and moving up to basic jumping.



### **Paddling**

### **Banook Canoe Club**

Contact: Jan Kruk

Address: 17 Banook Ave, Dartmouth N.S.

Phone: 1-902-818-3145

Email: jankruk@bellaliant.net

Website: www.banookcanoeclub.com

The Banook Canoe Club offers a "paddle all program" that runs twice weekly from July to August. Everyone is welcome to come and try paddling with one on one coaching support for beginner levels to more competitive level instruction.

The "paddle all program" is offering an open house June 17, 2012 from 10:00-2:00 for those interested in the program to come and try it out.

All equipment is provided

Accessible facilities and dock area

Cost: \$380 for the entire summer (July & August)



### Sailing

### Sail Able Association of Nova Scotia

Address: PO Box 33018 Quinpool Rd, Halifax N.S.

Email: nssailable.gmail.com

Website: www.sailable.ca

The Sail Able Association of Nova Scotia is a registered, non-profit, organization located right here in the Halifax area? Our aim is to promote the integration of persons with disabilities into the recreation of sailing for pleasure and/or competitive sailing.

Able Association of Nova Scotia aim is to promote the integration of persons with disabilities into the recreation of sailing for pleasure and/or competitive sailing.

Sail Able offers instruction and support to both youth and adults. A lift is used to help individuals in and out of the boats, which are completely accessible and safe for all. Sip and Puff equipment is also available. Sail Able is operated entirely by its members and volunteers who help raise the funds necessary to keep the program afloat.

The annual membership fee of only \$25 per year (plus \$7 per sail), allows each member to sail on our sailboat often from June until the end of August.

Each participant must complete a membership form and waiver that can be found on the website.



### Sledge

### Learn to Sledge Program

Address: Bedford BMO 4-Plex Ice Rink, 61 Gary Martin Drive,

Phone: 1-902-490-6666

Website: www.halifax.ca/rec
Phone: 1-902-490-6666

The "Learn to Sledge" program was created in partnership with the Easter Seals and HRM Recreation, and has been running for two years. The program is a great way for children to get involved with their peers and learn a new skill and sport. This is an opportunity for children with all abilities to gain the basic skills of learning to sledge. For those requiring extra support on the ice, a push bar can be attached to the back of the sledge. This program is also open to able-bodied children.

To Register: \$75 (pro-rated if starting late). Can be done on-line with the Halifax Regional Municipality Recreation – www.halifax.ca/rec or by phone: 490-6666 or 1-866-445-4415.

### <u>The Halifax Oval</u>

The Emera Oval will be open to the general public 7 days a week during winter months. Regardless of your skating ability, there will be something for everyone both on and off the ice, from daily skating activities to winter festival events.

There will be a full complement of free public recreation programs Skating for Schools, Learn to Skate programs, speed skating clinics

The Oval has sledges, push bars, and picks that are available for individuals to use on the ice! If you are interested in borrowing this equipment for a skate, simply request it from one of the staff at the Oval, and enjoy your skate.

**Did you know:** You can participate in sledge during the summer months. The blades

on the bottom of the sledge can be removed and replaced with a wheel kit that allows the movement of a sledge on pavement or

other surfaces.



#### **Canada Games Centre**

Address: 26 Thomas Raddall Drive Halifax, NS B3S 0E2

Phone: 1-902 490-2400 Fax: 1-902-490-2242

Email: canadagamescentre@halifax.ca Website: www.canadagamescentre.ca

The Canada Games Centre is Halifax's newest fitness, aquatics, and recreation facility that promotes healthy and active living by the community.

The Canada Games Centre offers something for everyone, including swimming lessons (both private and group), dance classes, creative arts, karate, camps, and much more.

Swimmers will learn safe entries, deep water support, underwater skills, and swimming strokes. These swimming levels also develop everlasting habits for healthy, active living. Water smart education is part of every level. Sessions run for 10 weeks. Levels 1-3 are half hour lessons, while 4-6 go for 45 minutes.

Private & Semi Private lessons: Whether you're a child trying to get through swimmer 3 or an adult learning to swim for the first time, private and semi-private lessons are a great way to improve your technique.

#### Cost

Group Swimmer Level 1-3: \$90 Group Swimmer Level 4-6: \$95 Private Lessons: \$170 Semi-Private Lessons: \$145

**Did you know:** An individual who accompanies someone requiring support in the

water receives free admission to the pool. Also, the Canada Games

Centre has a pool lift to aid in entering and exiting the pool.

#### **Pool Temperatures**

Competition pool temperature: 26.6 degrees Celsius Leisure pool temperature: 28.8 degrees Celsius Toddler pool temperature: 32.2 degrees Celsius

#### **Canadian Tire Jumpstart program at the Canada Games Centre**

This program helps financially disadvantaged kids get involved in organized sport and recreation by helping to cover registration costs.

At the Canada Games Centre, Jumpstart funding is specifically for swimming lessons offered by this facility.



Parents/Guardians can apply for children aged 3-12. The program is open to individual children, not groups or teams. Funding is available for multiple children within the same family for the same reason.

Funding is available for swim lessons only to a maximum of \$400 per child/year. There are three funding allocation sessions: Fall (Sept-Dec), Winter(Dec-Apr), Spring (May-June). A completed application form is required for each child per session: children may apply for successive sessions.

Applications are limited to one per child, per aquatic session. An endorsement letter is required to determine eligibility.

To apply for Jumpstart funding through the Canada Games Centre, visit the website, or see page 63 of this guide.

#### **Centennial Pool**

Address: 1970 Gottingen Street, Halifax, NS B3J 3Y2

Phone: 1-902-490-7219

Website: www.centennialpool.ca

Centennial pool is one of only two 50 meter pools in the Halifax Regional Municipality and features:

- -6 lanes with a movable bulkhead
- -The only 10 meter diving tower complex in Nova Scotia
- -Therapeutic chair lift and EZ ladder
- -Spectator gallery
- -Pool temperature: 29 degrees Celsius

Centennial pool offers group, private, and semi-private lessons to individuals of all ages. Accommodations are made on a case by case basis for individuals requiring extra support in lessons.

**Did you know:** An individual who accompanies someone requiring support

in the water receives free admission to the pool.

#### Cost

Group lessons: \$55 Private lessons: \$125

Open swim: \$4/per person

# One of two 50 metre pools in the Halifax Regional Municipality One of two 50 metre pools

### **Cole Harbour Place**

Address: 51 Forrest Hills Parkway, Dartmouth, NS B2W 6C6

Phone: 1-902-464-5100 Aquatics: 1-902 464-5110

Website: www.coleharbourplace.com

At Cole Harbour Place, we want everyone in our community to enjoy and reap the benefits of a healthier lifestyle.

Cole Harbour Place is a state-of-the-art multi-use facility. Cole Harbour Place features two arenas, a pool complex, squash courts, fitness, community meeting rooms, community services, a library, and much more.

Cole Harbour Place offers a variety of swimming lesson options for individuals, including group, private, semi private, and special needs classes. Special needs lessons are 1:1 support and cost \$120.

Competition pool temperature: 27 degrees celsius Leisure pool temperature: 30 degrees celsius Water play pool temperature: 32 degrees celsius

**Did you know:** An individual who accompanies someone requiring support in the

water receives free admission to the pool. This pool also has a pool

lift for support in and out of the pool.

### **Dartmouth Sportsplex**

Address: 110 Wyse Rd, Dartmouth, NS B3A 1M2
Phone: 1-902-464-2600 ect 302 (for aquatics)
Website: www.dartmouthsportsplex.com

The Dartmouth Sportsplex is a large multidimensional facility offering a large variety of services to the citizens of the Halifax Regional Municipality

The Dartmouth Sportsplex features 2 swimming pools, 4 water slides, a diving board, tarzan rope, steam room and sauna. Children's programs include swimming, dance, gymnastics, skating lessons, and summer camps.

The Dartmouth Sportsplex offers both private and group swimming lessons. Requests can be made for additional support to those requiring it in a group lesson.





#### Cost

Group lessons: \$95-99 (depending on swimming level)

Private lessons: \$180

#### **Pool Temperatures**

Large pool: 27 degrees celsius Small pool: 31 degrees celsius

**Did you know:** An individual who accompanies someone requiring support in the

water receives free admission to the pool. This pool also has a pool

lift for support in and out of the pool.

### **Spryfield Wavepool**

Address: 16 Sussex St, Halifax, NS

Phone: 1-902-477-7665 x2 for front desk Website: www.halifax.ca/rec/aquatics

The Spryfield Wavepool is run through the Halifax Regional Municipality. This facility features:

- -4 lane, 25 meter lap area
- -15 meter diameter graduated beach area
- -Waves during wave swims only
- -Five, in pool therapeutic water jets
- -Fully wheelchair accessible

Children requiring extra support in group lessons may request 1:1 support in the class. Group lessons are \$58-61 (depending on swimming level). Private lessons are also an option \$166.

#### **Pool Temperature:**

**Did you know:** An individual who accompanies someone requiring support in the

water receives free admission to the pool.



### **Sackville Sports Stadium**

Address: 409 Glendale Dr, Lwr Sackville, NS B4C 2T6

Phone: 1-902-869-4141 Website: www.thestadium.ca

The Sackville Sports Stadium is a multi-use activity complex housing a state of the art fitness centre, two pools, curling and hockey arena, a spacious child care facility, and two activity rooms available for public and member use. This facility allows people of all fitness levels and abilities to work towards attaining their athletic, health, and fitness goals.

Accessibility: The Sackville Sports Stadium endeavors to make all it's programs and services available to all persons with disabilities. you are encouraged to contact the stadium if you require additional information as to how you may participate.

Those looking to take group swimming lessons and require additional support in the class may request additional aquatics support at the same cost as a group lesson (\$98).

Max 3 Classes: This class is an alternative to private lessons and guarantees a maximum of 3 students per class. This class is designed for children who will benefit from a smaller instructor to student ratio while being in a group environment. Cost of this class is \$147.

#### **Pool Temperatures**

Big pool temperature: 28-29 degrees celsius Small pool temperature: 30-31 degrees cesius

**Did you know:** An individual who accompanies someone requiring support in the

water receives free admission to the pool. This pool also has a pool lift

for support in and out of the pool.



### **Take PART**

#### **Easter Seals Nova Scotia**

Address: 3670 Kempt Rd, Halifax N.S.

Phone: 1-902-453-6000

Email: easterseals@easterseals.ns.ca

Website: www.easterseals.ns.ca

Take PART offers children and youth (8-21) with physical disabilities recreation and sports opportunities across Nova Scotia.

Take PART has offererd Weekly Recreation, Kids Quest, Adapted Recreation Sports Camps and School Programs. For general program information as well as register, find schedules, directions, and volunteer applications choose from the following menu options.

#### How to register

An eligible participant for the Take PART program must:

- 1 Be between the ages of 8 and 21
- 2 Have a physical disability (eg. Spina Bifida, CP, MD, etc.), OR an interest in physically adapted activities (ex: siblings, friends, etc.)
- 3 Have an interest in participating in recreation and sport
- 4 Be able to follow directions and attend to task
- 5 Be able to understand and follow the rules of each activity
- 6 Be able to actively participate in a group setting

regardless of the equipment used or assistance needed.

Through Take PART Adapted Recreational Sports Camps, children and teens with physical disabilities are exposed to a variety of recreation and leisure opportunities that they can participate in as part of a healthy lifestyle.

The participants of this fun, exciting, fully accessible day camp will Take PART in recreation activities, learning new skills, in a fun, dynamic and safe environment.

Easter Seals Nova Scotia believes every child and youth should have the opportunity to experience the exhilaration, self-confidence, and joy of participating in physical activities,

Watch for upcoming Summer 2012 dates.



### **Water-Skiing**

### **WSWC SkiAbility**

**Contact:** Shannon Bowie

e-mail: bowie\_shannon@hotmail.com

Water Ski and Wakeboard Canada (WSWC) officially launched SkiAbility in June 2005. The program focuses on increasing participation in water skiing and other towed water sports for persons with a disability.

SkiAbility is a comprehensive clinic outreach program, whereby trained SkiAbility clinic facilitators deliver clinics and lessons to skiers of different ages with different types of disabilities. The intent is to have multiple clinics delivered in different locations in every province across Canada.

SkiAbility was launched in Nova Scotia during the summer of 2005 and clinics have taken place each summer since then. Beginner and recreational clinics are held approximately 2-3 times throughout the summer on Lake Charles in Dartmouth. In the coming years, the goal is to expand to a more regular, competitive program, while still having a beginner component and to branch out to do clinics all over Nova Scotia. For more information on SkiAbility opportunities in Nova Scotia, please contact Shannon Bowie at bowie shannon@hotmail.com

A common misconception is that SkiAbility programs only cater to sit-skiers. This is simply not true. SkiAbility is a program designed to be inclusive to all members of the disabled community whether physically or intellectually disabled. Across Canada, we have athletes participating and competing in wakeboarding, barefoot and all forms of classic water skiing with visual impairments and leg and/or arm amputations in addition to sit skiers.



### **Other Recreation Opportunities**

### **Access 2 Entertainment**

Website: www.access2entertainment.com

Launched in December, 2004, the Access 2 Entertainment program seeks to help businesses provide quality customer service to customers with disabilities. Through the program, people with

disabilities who require a support person carry a personal Access 2 Entertainment card with them. The card indicates to the ticket seller that the individual does indeed require the support of an attendant

The card provides free admission (or a substantial discount) for the support person at all participating entertainment venues. The person with the disability pays the regular admission fee.

In order to obtain a card, an application form must be submitted by a person with a disability who requires the assistance of a support person. The application must be authorized by a registered health care or disability service provider.

Easter Seals Canada administers the application and delivery of the card.

To apply for an access 2 entertainment card, visit the website, or see page 52 of this guide.

### **Empire Theatres**

### **Museum of Natural History**

Website: <u>www.museum.gov.ns.ca</u>

### Museum of Industry

Website: www.industry.museum.gov.ns.ca

### **Discovery Centre**

Website: www.discoverycentre.ns.ca



### **Other Recreation Opportunities**

#### **HRM Recreation**

Phone: 1-902-490-6666

Website: http://www.halifax.ca/rec/ProgramsandActivities.html

Halifax Regional Municipality offers over 8,000 programs annually for individuals of all ages, in fall, winter, spring, and summer sessions.

HRM publishes two recreation catalogues per year. Spring/summer registration happens in March, and Fall/winter registration begins in August. When registering, if your child requires extra support in a program, be sure to notify staff for inclusion support.

The HRM inclusion policy can be viewed on page 29 of this guide.

### **Art Gallery of Nova Scotia**

Address: 1723 Hollis St, Halifax NS

Phone: 1-902-424-5280

Website: <u>www.artgalleryofnovascotia.ca</u>

The Art Gallery of Nova Scotia is the largest art museum in Atlantic Canada and features many exhibits and programming. The Art Gallery is fully wheelchair accessible. Thursday evenings from 5-9pm admission into the Art Gallery is by donation.

The Art Gallery offers summer school of arts programs for children ages 3-5, 5-7, 8-11, and 12 plus. Children can participate in week long, full day, or half day camps.

### **Girl Guides of Canada**

Address: 3581 Dutch Village Rd, Halifax NS

Phone: 1-902-423-3735 Toll Free: 1-800-565-8111

Website; www.ggcns@girlguides.ns.ca

Guiding today is a unique blend of the old and the new.

It's fun, active and relevant.

It addresses the pressures that modern girls face by teaching

them exciting skills in a safe environment.

Girl Guides of Canada believes that when girls feel that they are good at something,

they are more likely to feel good about themselves.

Guiding is about girls and women laughing and having fun together.

**Cost:** Approximately \$90 from September to August



### **Other Recreation Opportunities**

### **Boy Scouts**

Address: 84 Thorne Ave, Dartmouth NS

Phone: 1-902-423-9227
Email: nsoffice@scouts.ca
Website: www.nscouts.ca

Beavers, Cubs, Scouts, Venturers, Rovers... we've got a challenge for everyone. We're always ready for the unexpected. There's never a dull moment. Our programs range from outdoor action and adventures, camping, wilderness training and hiking, cycling, kayaking, canoeing, Kub cars, crafts, skits and campfires, Winter camping complete with marshmallows, hot chocolate and night orienteering. Children, youth and adults explore and learn together.

### **Rock Climbing**

Dalplex

Address: 6260 South St, Halifax NS

Phone: 1-902-494-1605 Website: www.athletics.dal.ca

Dalplex offers supervised children and youth climbing programs. This is a great option for kids and youth who want to drop in for some supervised bouldering or rope climbing fun and give mom or dad a little time to themselves. No previous climbing experience required. Visit the Dalplex website to find information on climbing times and prices.

There are more rock climbing opportunities at Ground Zero Climbing Gym in Dartmouth, NS. Visit the website at <a href="https://www.climbinggroundzero.ca">www.climbinggroundzero.ca</a> or call 1-902-468-8788 for more information.

### **Discovery Centre**

Address: 1593 Barrington St, Halifax NS

Phone: 1-902-492-4422

Website: www.discoverycentre.ns.ca

#### **Bocce Ball**

Phone: 1-902-423-1277 Website: <u>www.thespine.ca</u>

With support of the Canadian Paraplegic Association of Nova Scotia's Peer Program (funded by the United Way of Halifax Region) Bocce takes place at St. Andrews Community Centre on Bayer's Road in Halifax on Sunday between the hours of 2pm - 4pm. Fee is \$2.00 per person.



### **CAMPS**



### **Big Cove Camp**

### **Big Cove YMCA Camps**

#### Winter Season

Address: The YMCA of Greater Halifax/Dartmouth

1565 South Park Street, Halifax, NS B3J 2L2

#### Spring, Summer and Fall Seasons

Address: Big Cove YMCA Camp RR#1 Thorburn Pictou Co. NS, B0K 1W0

Phone: 1-902-425-9622 x235 Website: www.bigcove.org

Big Cove YMCA Camp is an historic wilderness camp dedicated to providing youth with opportunities to develop leadership skills, enhance their self esteem and foster an appreciation of the natural environment in a safe, respectful community. At Big Cove YMCA Camp we believe it is important to provide youth with a small group experience to ensure that each camper receives individual time and attention.

To facilitate this, Big Cove campers are divided into three sections – juniors, seniors and leadership – ensuring our program is designed specifically for their age group. They are then divided into cabin groups of approximately eight children and are supervised by two counsellors who live and work with the group.

As a wilderness camp, outtripping is one of the largest programs at Big Cove. Every week, each cabin group will go on an outtrip. These ocean canoeing trips and backpacking trips are a highlight for many of our campers. They provide youth with a sense of accomplishment, while teaching them about teamwork and resourcefulness. For many campers it will be their first wilderness camping experience.

Trips will range from one-night outings for our younger campers to thirteen-day wilderness excursions for our Leadership participants. Big Cove YMCA Camp is committed to providing safe yet challenging outtrips suited to the age and ability of each camper.



### Brigadoon

Phone: 1-888-471-5666

Email: info@brigadoonvillage.org

Website: brigadoonvillage.org

Brigadoon is a recreation facility in Nova Scotia's Annapolis Valley providing space for existing special camp programs, helping address currently unmet needs, and providing learning opportunities for students and health care providers who work with remarkable young people.

Various charities across the Maritime Provinces offer a summer camp experience to young people living with chronic illnesses. The unmet needs of those children living with chronic illness who are not offered a similar summer camp experience far outweighs currently addressed populations. Current special programs rent space. The facilities and programming for these young people are unique – often requiring medical teams, equipment and specific protocols. Increasing registration within these programs, demand for new programs to address the unmet need, as well as declining suitable and available space within the Maritimes has created a great challenge - and an opportunity.

All buildings are barrier free and built with the environment in mind.

Some of Brigadoon's facility includes:

#### **Cabins**

5 cabins total
2500 square feet each
5 bedrooms and 4 bathrooms in each cabin
Each cabin sleeps 28 people in bunk beds
Open area in the middle of the cabin for meetings/programming/informal time
2 of the 5 cabins are insulated

#### Hiking trails

Waterfront with docking system, swim and boat area Overnight camping area Playground Campfire areas Large field



### **Camp reachAbility**

Address: 3845 Joseph Howe Dr. Suite 201 Halifax, Nova Scotia B3L 4H9

Phone: 1-902-429-5878

Website: www.campreachability.org

#### **Camp Locations:**

5633 Route 201, Paradise Annapolis Valley B0W 1P

220 Stoney Point Rd, Orangedale, Cape Breton

Camp reachAbility is committed to offering individuals with cognitive and physical disabilities the best possible summer camping experience. In partnership with the Department of Community Services we are invested and excited to provide an exceptional residential camping service to individuals of all abilities, aged 12 years and older, for the third year in a row, **free of charge**. Summer Camp begins July 6, 2012. Each camp session is 5 nights in length and has a maximum of 24 campers (3:1 camper to counselor ratio). Campers are grouped with peers for their camping session. reachAbility's goal continues to be to equalize the playing field – by removing both

reachAbility's goal continues to be to equalize the playing field – by removing both architectural and attitudinal barriers. Our judgement free camps offer activities from yoga to gardening, swimming to experiential art classes; reachAbility campers are free to be! Just like anyone else.

For more information on camp reachAbility, visit the website.



### **Camp Tidnish**

Address: Irwin's point road, Amherst, NS

Phone: 1-902-452-6000 x227 Contact:: Patti Sampson

Email: camping@easterseals.ns.ca

Website: www.easterseals.ns.ca

This summer camp is available to any Nova Scotian with a physical disability over the age of 6 years. Camp Tidnish is a fully accessible facility that offers campers an environment that is stimulating, active, fun, and safe. Campers will often come home having learned new skills, developed greater self-confidence, made new friends, and achieved greater independence through their experience at camp. Most importantly, no matter what the situation, our philosophy is "Campers Come First!".

At Camp Tidnish you can be certain that campers always have been, and always will be, our #1 priority. Camp Tidnish is proud to be fully accredited under the Camping Association of Nova Scotia and a member of the Canadian Camping Association since 2002.

#### Facilities include:

- A main building that houses the kitchen, dining area, staff residence, and a well equipped Nurse's Station
- 2 Five cabins shared by campers and counselors, including a specialized cabin for our campers with more severe physical disabilities
- 3 A fully enclosed solar heated swimming pool
- 4 Two large playing fields
- A newly expanded playground area; an ocean waterfront area which houses our accessible floating dock, canoes and pontoon boat
- 6 A library for campers to utilize during their camping session.
- Wheelchair accessible ramps to all buildings, paved walkways and accessible cabin features

For more information, visit the Easter Seals website.

### **Canada Games Centre**

Address: 26 Thomas Raddall Drive, Halifax, NS B3S 0E2

Phone: 1-902-490-2400 Fax: 1-902-490-2242

Email: canadagamescentre@halifax.ca Website: www.canadagamescentre.ca

Camps run weekly from July 3rd to August 31st, 2012, Monday-Friday, 8:30am-4:30pm Children ages 6 - 8 and 9 -12. Children who are 5 & have completed Primary are welcome.

Early Drop Off and Late Pick Up options are available. Early Drop Off is between 7:30am and 8:15am; Late Pick Up is between 4:45pm and 5:30pm. Early Drop Off or Late Pick Up: \$3.00 per camper per day. \$5.00 per camper, per day for both.

Cost for full day camps: \$145/week

The Canada Games Centre offers a wide variety of summer day camps that are sure to meet children's interests and needs. Camps offered include sports camps, water sports, drama, art, and much more. To view a list and description of each type of camp visit the website.

#### inclusion Program

We are pleased to offer an inclusion component for campers requiring extra attention due to a physical and/or cognitive disability. We ensure to meet the camper's personal and developmental needs, making every effort to include campers in adapted activities, and ensuring their overall safety and happiness while in our care.

Campers will be supervised 1 on 1, by an Inclusion Counsellor. This Counsellor will be a student in University pursuing a degree related to adapted physical activity in recreation and child education. (Ex: Kinesiology (focused in Recreation therapy and inclusion) Education, Adapted Physical Activity, etc).

Please contact the Community Recreation Assistant if you are interested in availing of this service. Spaces are limited and in person registration will not be accepted until applications are reviewed by Recreation Staff. All applications will be held until May 1st, 2012 before spots are assigned in order to accommodate as many families as necessary.

We also welcome any children attending camp with their own care giver. You may register at any time at the front desk, but please let us know upon registration that we should expect the care giver to arrive with your child on the first day of camp. Any information that could assist us is preparing to include your child in camp activities would be appreciated.



### **Canada Games Centre**

To register for the inclusion program, visit the Canada Games Centre website.

### **Fee Assistance Program**

For the 2012 Summer Camps, the CGC will be sponsoring a fee-assistance program for registrants in low income families. Over the course of the summer, we will be sponsoring the registration for 18 participants. These spots will be filled using an application process and will be limited to one per child, depending on interest in the program. We cannot quarantee that we will have space for your child.

To apply for the fee assistance program, visit the Canada Games Centre website. For any questions related to the inclusion program or fee assistance program, contact Justin at <a href="mailto:dubreui@halifax.ca">dubreui@halifax.ca</a>



### **Dartmouth Sportsplex**

Address: 110 Wyse Rd, Dartmouth, NS B3A 1M2
Phone: 1-902-464-2600 x323 for camp info
Website: www.dartmouthsportsplex.com

We offer a wide range of day camp options. Whether it's a full summer camp, or just workshops & activities to get your little ones out of the house while you ready for the holidays, we offer a variety of active games, crafts & outings in our camps & workshops!

#### **Summer Day Camp Programs**

This summer we're pleased to offer a full 9-week summer camp program for children between the ages of 4.5 - 11. Let us be your child's destination for summer fun, games, & adventure!

Camp A: For children aged 4.5-7 yrs. Trips, activities, & schedules will be designed

for busy little people in mind!

Camp B: For campers aged 8-11 yrs. These campers will be challenged more as

they learn & grow. Trips, activities, & schedules will be designed for their

growing independent determination.

Cost: \$130/ child/ week

Extra-supervisory hours: \$8/day or \$20/week

TIMES:

Regular Times: 8:30-4:30 pm

Extra Supervisory Hours Available Begins 7:30, ends 5:30.

For more information and details on summer day camp, visit the Dartmouth Sportsplex Website.



### **HRM CAMPS**

Phone: 1-902-490-6666

Website: http://www.halifax.ca/rec/SummerCamps.html

HRM summer camps are focused on fun, with every day consisting of a balanced mix of activities that stimulate the mind, get the creative juices flowing and allow the participants to be active in a safe, supervised environment. We offer preschool summer camps as well as summer camps for children and youth.

#### **Inclusion Policy**

HRM Community Recreation Services is committed to providing safe and accessible services and activities for all persons. Persons with special needs are welcome to attend any recreation activity compatible with their interests, abilities and needs. We view inclusion as a partnership between HRM staff and families.

We meet family and individuals prior to the start of the program to identify appropriate program options and supports required to assist the participant.

We will make every effort to accommodate support requirements based on HRM resources and service demands.

We encourage parents and/or individuals to visit the programs we provide program orientation and training to staff.

Families can help make the inclusion experience successful by:

Assisting staff in determining the recreation interests of you and your child.

Sharing relevant information that will help create a positive experience.

Complete participant information forms and review medical and behavioural policies.

Connecting with program staff at least two weeks prior to the start of programs.

Assist in the training of staff to meet the campers need/requirements when applicable and appropriate within HRM policies and procedures.

Committing to open communication and problem solving with staff.

For a full list of camps and locations, visit <a href="http://www.halifax.ca/rec/documents/">http://www.halifax.ca/rec/documents/</a> <a href="Proof\_print2online.pdf">Proof\_print2online.pdf</a> to view the REC Halifax guide online



### Sackville Sports Stadium

Address: 409 Glendale Dr, Lwr Sackville, NS B4C 2T6

Phone: 1-902-869-4141 Website: www.thestadium.ca

All Summer Day Camps have drop-off beginning at 7:30am and pick-up ending at 5:30pm which makes it ideal for working parents. Home base is the field house (curling centre) on the bottom level of the Stadium. We ensure your child gets their daily quota of sports, activities and fun. There are also lunch options available for purchase at the Stadium. There is a 10% discount for second child of the same family. All camps are for ages 6 - 12 years, except for Adventure Power Camp.

Types of camps include swimming lessons, aqua camps, sports camps, and adventure camps.

#### The following is a list of the dates and prices of each camp:

Camp Theme	Dates	\$ member	\$ non-member
Sports	June 30, July 2 and 3 (3 days)	\$79	\$89
Sports	July 6-10 (5 days)	\$129	\$149
Sports	July 13-17 (5 days)	\$129	\$149
Swim Lesson	July 20-24 (5 days)	\$159	\$179
Aqua Adventure	July 27-31 (5 days)	\$129	\$149
Sports	August 4-7 (4 days)	\$109	\$119
Sports	August 10-14 (5 days)	\$129	\$149
Adventure	August 17-21 (5 days)	\$129	\$149
Aqua Adventure	August 24-28 (5 days)	\$129	\$149



### **ORGANIZATIONS**



### **Active Living Alliance**

### **Active Living Alliance**

Address: 5516 Spring Garden Rd, Suite 309

Halifax, NS B3J 1G6 Phone: 1 (902) 425-1128 Fax: 1-902-422-8201

The Active Living Alliance for Canadians with a Disability (ALACD) promotes, supports and enables Canadians with disabilities to lead active, healthy lives. We provide nationally coordinated leadership, support, encouragement, promotion and information that facilitates healthy, active living opportunities for Canadians of all abilities across all settings and environments.

We are an alliance of individuals, agencies and national associations that facilitates and coordinates partnerships among the members of its network. Any organization, community or individual who embraces our principles and goals is welcome to join the Alliance network. Our network has grown to more than 500,000 contacts.

The goals identified at the 1986 Jasper Talks - a national symposium on physical activity and disability - continue to guide our actions and initiatives. Central to each goal is the belief that the individual must be considered first when developing any program or service, and that the rights and dignity of the individual must always be respected. The following goals are:

- 1. Self Empowerment
- 2. Effective Networks
- 3. Better Plans & Policies
- 4. Better Programs & Services
- 5. Effective Leadership
- 6. Public Awareness
- 7. Research & Information

For more detailed information on these goals, visit the Active Living Alliance website.



#### **Paralympics**

#### **PARALYMPICS**

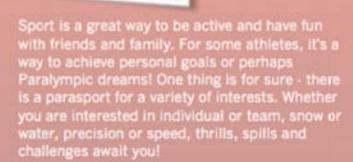
Parasport is open to anyone with a disability. It can be played by athletes with a visual impairment, a spinal cord injury, amputations, cerebral palsy, an intellectual disability, spinal bifida, multiple sclerosis, or other disabilities. Parasport programs use processes to make sure that the playing field is even, whether you're a beginner or have varying abilities.

#### Contact:

National Office Address: 225 Metcalfe Street Suite 310 Ottawa, ON, K2P 1P9

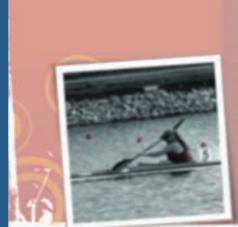
Phone: 613-569-4333 Fax: 613-569-2777

Website: www.paralympic.ca



To start, find an introductory program in your area. These programs will introduce you to parasport and teach you the basic skills, movements, and rules of the game. You'll also improve your fitness while having a lot of fun! Many programs let you borrow adapted equipment so you can try multiple parasports before selecting your favourite and buying your own equipment.

There are currently 27 sports in the Paralympic Games programme, 5 Winter Games and 22 summer.





#### **Special Olympics**

## Special Olympics

Let me Win. But If I Cannot Win, Let me be Brave in The Attempt.

#### What is Special Olympics

Special Olympics is a non-profit organization dedicated to providing year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with an intellectual disability.

Special Olympics is open to every intellectually disabled person, regardless of the level or degree of that person's disability, and whether or not that person also has other physical disabilities.

Children and adults with an intellectual disability who participate in Special Olympics develop improved physical fitness and motor skills, greater self-confidence and a more positive self-image. They improve physically, mentally and socially. Overall, participants make new friends and discover new abilities and skills that will serve them well in day-to-day life.

Almost every age is eligible for Special Olympics programming in Nova Scotia - from four to 88. Special Olympics Nova Scotia also has a youth program for children aged four to 12, which focuses on structured play and introduction to games, teams, competitions and socialization.

#### Contact

Address 5516 Spring Garden Rd,

Suite 201, Halifax N.S.

B3J 1G6

Phone (902) 429-2266

Fax (902) 425-5606

Toll Free 1-866-299-2019

Website www.sons.ca

Email greekmr@sportnovasc

otia.ca

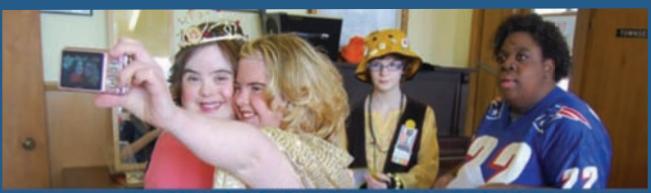
Registration occurs annually, on the 3<sup>rd</sup> Wednesday of September

#### What Sports are offered in Nova Scotia?

Aquatics, Athletics, Bocce, Bowling, Curling, Cross Country Skiing, Figure Skating, Floor Hockey, Power Lifting, Soccer, Snow Shoeing, Softball, Speed Skating, and a youth program. Contact Special Olympics to find out what is offered in your area.



#### **The Club**



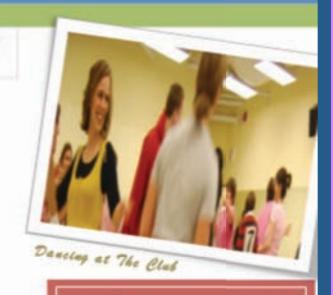
SCRI Society: Social, Cultural, Recreation, Inclusion for All

#### The Club

#### What is The Club?

A place where you can hang out, spend time with friends and try out fun activities. Lots of our members have disabilities, special needs, or difficulties with learning and communication.

The Drop In Club is for people who are aged 12 and up. Many people bring a worker or friend with them to give them support, some people visit on their own. Everyone is welcome to join in. There is a monthly membership fee and you can visit as often as you like, or you can choose to 'Pay as you Go'. There are also bursaries available for people who cannot afford to pay the fee. The Drop In Club is wheelchair accessible with adult change facilities.



#### Contact:

General Inquiries: Alice Evans (902) 478-1917 Email:

Website: www.theclubseri.com
Location: St. James Anglican
Church Hall, Joseph Howe
Drive

#### Activities at The Club:

- Wii
- Crafts
- · Watch Movies
- Socialize
- · Paint
- Sports

- Yoga
- Dance
- Cooking
- Summer
   Camp
- Games

#### **The Club**

#### **Hours of Operation**

Monday 3pm to 6pm

Tuesday 7pm to 9pm

Wednesday 3pm to 6pm

Thursday 3pm to 6pm

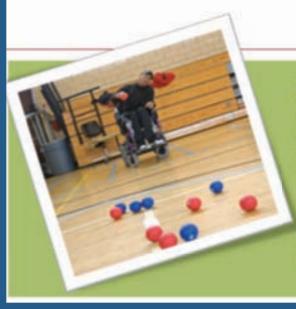
Friday 7pm to 9pm

Sunday 2pm to 5pm

The Club is also open on some Saturdays for special events including Boccia Ball, and family playdates for children.



If you think you would like to join The Drop In Club, you can go for a free trial to see if you like it. The Drop In Club is in Halifax, Nova Scotia, in St James Anglican Church Hall, Joseph Howe Drive, by the rotary. The entrance is the white doorway by the painted power box.



#### Cost

The Drop In Club costs \$50 for a month, and you can go as often as you want, or you can pay \$10 for each session. After 5 sessions you get one session free. There are a few bursaries available for people who cannot afford the fee. When you first arrive, one of our Session Leaders or members will give you a tour and introduce you to people.

# Funding Opportunities



#### **Canadian Tire Jumpstart**

Website: http://jumpstart.canadiantire.ca

Phone: 1-877-616-6600

Canadian Tire Jumpstart is a national charitable program that helps financially disadvantaged kids participate in organized sport and recreation through helping to cover the cost of registration, equipment and/or transportation costs.

We have an extensive, national network of more than 310 local chapters. Chapter members are volunteers who are committed to helping get kids active and healthy. They work in partnership with other local non-profit organizations to discreetly identify kids with the greatest need in their community. Canadian Tire Jumpstart then covers registration, equipment and/or transportation costs to help them participate in a sport or recreational activity of their choice.

We also lend support to unique initiatives aimed at increasing access to sport and recreation programs. Since our launch in 2005, Canadian Tire Jumpstart has given 417,835 kids across Canada the chance to play.

#### **How to Apply**

Applications for assistance can be submitted from January 15 to June 1 for spring/summer programs, and from July 1 to November 1 for fall/winter programs.

- Call 1-877-616-6600. Based on your postal code, a Call Centre representative will provide a contact on the closest Canadian Tire Jumpstart Chapter.
- When calling your local Canadian Tire Jumpstart Chapter representative, be prepared to provide your contact information and the details of the sport or recreational activity your child would like to participate in. You may also be asked to provide financial information in order to prove eligibility for funding.
- Applicants will be notified by the local Canadian Tire Jumpstart Chapter representative if they are approved or if further information is required.
- All information received is kept confidential.

The total funding that each qualified child can receive in any one submission period (e.g., spring/summer for baseball, fall/winter for hockey) will vary based on Chapter budgets and demand. Grants are provided directly to the non-profit or charitable organization coordinating the sport or recreational activity on behalf of the qualifying child. Since each child's financial needs are unique, Canadian Tire Jumpstart's contribution can be made for equipment, registration or transportation costs.



#### **Canadian Tire Jumpstart & REC Kids**

Address: Citadel Community Centre 1955 Trollope St. Halifax, NS - B3H 0A4

Phone: 1-902-490-3895
Fax: 1-902-490-3896
Email: jumpstart@halifax.ca

The Jumpstart/RecKids Program is a joint effort of both HRM Community Recreation Services and the Canadian Tire Jumpstart Program. It is designed to provide assistance to those who, due to lack of funds, would otherwise be unable to participate in sport, art, cultural and recreation activities.

To apply for this program for assistance review the following guidelines: Canadian Tire Jumpstart / RecKids considers social and economic barriers facing a child when determining eligibility for funding. To help manage the increased demand and to ensure fair distribution of funding, the following screening criteria will be applied.

- 1. Children ages 18 and under are available to apply for funding.
- 2. The child must be a resident of HRM and the program applied for must also take place in HRM
- 3. Funding of a maximum of \$200 per year to be used for the payment of sport, art, music, cultural and recreational participation/registration fees.
  - 4. Equipment, travel, fundraising, championships, etc. are not eligible expenses.
  - 5. Applications must be received and approved prior to the start date of the program.
- 6. Canadian Tire Jumpstart/RecKids does not reimburse parents; payment will be arranged directly with the organization offering the activity.
  - 7. Incomplete applications will not be processed.
- 8. Funding must be used by the participant for the activity/organization that was on the approved application. No portion for the funds can be transferred to another person or organization. No substitutions may be made by either participant or the organization.

Reference must be an adult. Reference should be from community leaders/professionals like social workers, financial assistance worker, doctor, professional counsellor, bank official, school principal, legal aid worker or a church priest/pastor. Reference cannot be a family member, a friend, or someone affiliated with the group / organization receiving funding.



#### **Canadian Tire Jumpstart & REC Kids**

References, other than those listed above, may be considered if a written letter from the potential reference outlining the financial need of the family is included with the application.

The adult sponsor that provides a Reference letter should also fill out SECTION 3 of the application package.

The adult reference must act as an objective third party who is familiar with the family and is in a professional position to assess the social/economic barriers facing the family. Process

- Identify the program. Canadian Tire Jumpstart/RecKids does not assume responsibility for gathering information on programs. The parent/guardian is responsible for contacting the organization to secure a spot.
- 2. Complete an application form
- 3. Get a reference letter completed.
- 4. Deliver your application form/reference letter by mail, fax, or email Application Approval

Once the completed application is received and approved by Canadian Tire Jumpstart / RecKids, a cheque will be sent to the organization.

Please allow 2-3 weeks for review of your application; processing time will vary depending on the availability of funds. 3. Applicants will be notified as quickly as possible.

Funding must be used by the participant for whom it was approved.

Application for funding can be found online or on page 60 of this guide.



#### **KidSport**

Address: 5516 Spring Garden Rd, Halifax N.S. B3J 1G6

Phone/ Fax: 1-902-425-5454 x350/ (902) 425-5606

Email: kidsport@sportnovascotia.ca

Website: http://www.sportnovascotia.ca/kidsport - http://www.kidsportcanada.ca

KidSport believes that no kid should be left on the sidelines and all should be given the opportunity to experience the positive benefits of organized sports.

KidSport provides support to children in order to remove financial barriers that prevent them from playing organized sport.

**Application Info** 

- Sport organizations that you are applying for funding for must be a member of Sport Nova Scotia. To view a list of organizations visit http://www.sportnovascotia.ca/Members/ OurMembers/tabid/257/Default.aspx
- 2. Approval is based on Statistics Canada's Low Income Cut-offs

#### **Current Income Cutoff**

Family Size	Gross Income
1	\$22,637
2	\$28,182
3	\$34,646
4	\$42,065
5	\$47,710
6	\$53,808
7+	\$59,907

- 1. Applications are accepted six times per calendar year; Deadlines are January 1st, March 1st, May 1st, July 1st, September 1st and November 1st.
- 2. Applications form(s) will not be approve until all information is received.
- Proof of total family income must accompany application form by including one of the following:
  - A. Current proof of total family income (for tax return or notice of assessment call 1-800-959-8281); or
  - B. Authorization from the Department of Community Services or community services agency (for office locations visit www.gov.ns.ca/coms/contactus/ offices.html)





#### **KidSport**

#### **Grant Info**

- 1. Grants are awarded for registration fees and equipment costs only.
- 2. Total grant (registration and equipment) will not exceed a maximum of \$300.
- 3. A child cannot receive more than one grant in a calendar year.
- 4. Preference is given to athletes who are being introduced into organized sport for the first time.
- 5. Cheques for registration grants will be made payable to a league, association or club. Cheques/vouchers for equipment will be made payable to a sporting goods retailer. (Note: KidSport reserves the right to request proof of purchase.)

#### **Applicant Info**

- 1. Applicants must be age 18 or under.
- 2. Applicants must be registered with a sport to receive financial assistance for equipment. Proof of registration is required.

An application can be found on page 64 of this guide or visiting http://www.sportnovascotia.ca/Portals/0/kidsport/apps/KS10\_app\_hrm.pdf

\*Complete applications will receive a letter no more than four weeks after the deadline notifying them of the status of their application(s).



#### **Presidents Choice Children's Charity**

Address: President's Choice Customer Relations

1 President's Choice Circle, Brampton, Ontario, L6Y 5S5

Phone: 1-888-495-5111

Website: <a href="http://www.presidentschoice.ca/LCLOnline/aboutUsCharitv.isp">http://www.presidentschoice.ca/LCLOnline/aboutUsCharitv.isp</a>

President's Choice® Children's Charity helps Canadian children live to their full potential. We are committed to supporting children's health and wellness across Canada. Our focus is on childhood nutrition and children with disabilities.

President's Choice® Children's Charity helps kids through grants for childhood nutrition programs and provides support for families with a child with a disability. We believe nutrition is fundamental to children's health and we want to provide the resources necessary to fuel a better learning environment. Our support of children's health is accomplished by being the National Premier Sponsor of Breakfast for Learning and through the President's Choice® Children's Charity Basic Needs Brighter Future Program in partnership with Boys & Girls Clubs of Canada

We support children with disabilities by providing financial grants for essential specialized equipment and essential therapists. Through individual grants, the charity is able to supply much needed resources and help provide a renewed sense of independence, dignity and freedom.

Children with a physical or developmental disability who are 18 years of age or younger are eligible to apply for support with things such as mobility equipment, an environmental modification or therapy.

Applications for this charity can be found on the website or page 66 of this guide.



#### **Q104 Children's Trust Fund**

#### Website: www.chilldrenstrustfund.ca

The Children's Trust Fund is a registered charity operated by NewCap Broadcasting through its Halifax Radio Stations Q104 & 96.5 KOOL FM. The mission of the charity is to provide financial assistance to children and their families who find themselves in critical need due to a medical condition or other unfortunate circumstances. The Children's Trust Fund assists children up to the age of 18.

Categories of need are defined as any financial requirement stemming from a medical treatment recommended by a physician or therapist, including expenses for medicines not covered by MSI, remedial apparatus, therapy and travel to obtain treatment, quality of life needs relating to proper development, assistive technology as required, and funds required for clinical development education. In many cases, a relatively small amount of money can have a very significant effect.

An application can be found on the website or page 70 of this guide.



## Adapted Equipment Loan Program



#### **Overview**

The IWK Pediatric Rehabilitation Service Equipment Loan Program was established through the ongoing support of the IWK Auxiliary to give families of children and youth who have a physical disability or acquired brain injury the opportunity to borrow a variety of resources. This guide outlines items available for loan. To borrow adapted equipment please contact Recreation Therapy at (902) 470-3840.

#### **Guidelines:**

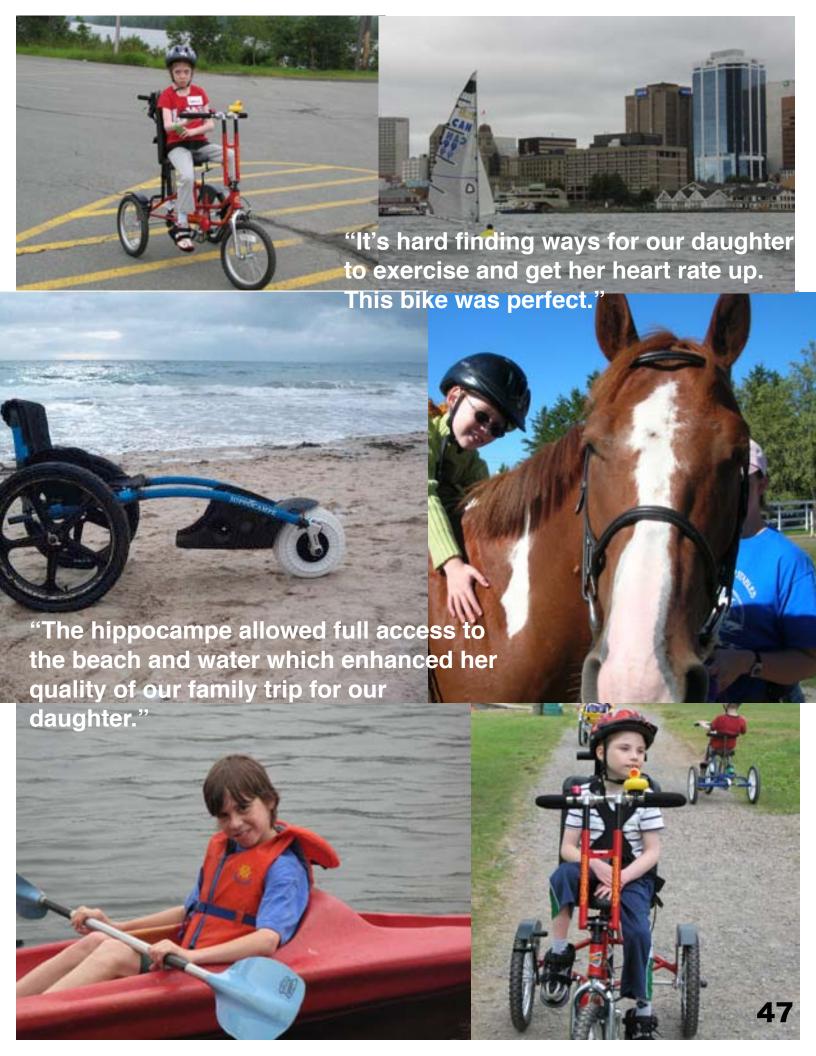
- Equipment will be loaned on a first come, first serve basis by contacting Recreation Therapy.
- Items can be borrowed for a minimum of two consecutive weeks.
- It is the responsibility of the family to arrange drop-off and pick-up. If traveling to pick up the item is not feasible please discuss with a Recreation Therapist to make alternative arrangements.
- The Recreation Therapist will review the item and its functions with the adult borrower and child/youth, as appropriate prior to loaning.
- The equipment will be inspected for damage when equipment is loaned and when it is returned.
- A deposit of \$25 will be made at time of pick-up (cheque or cash), which will be used for equipment upkeep and maintenance.

A special thank you to the IWK Auxiliary and Canadian Tire Jumpstart for their generous support of our Equipment Loan Program.















### **Appendix**



## ACCESS 2 ENTERTAINMENT CARD NEW APPLICANT APPLICATION FORM



#### Who can use this form?

This form is for **NEW** applicants only. If you have never applied or received an Access 2 Entertainment card, please use this form.

#### **SECTION A: Overview**

The **Access 2 Entertainment** <sup>™</sup> card provides free admission for support persons accompanying a person with a disability at member movie theatres and selected attractions across Canada. The person with the disability pays regular admission.

This program was developed by an advisory group of nine national disability organizations, in conjunction with Cineplex Entertainment and the Motion Picture Movie Association of Canada.

Persons with a permanent disability who require a support person when attending a movie theatre or attraction are eligible for the card. The applicant must agree to follow the terms and conditions for use of the card (see reverse side).

A support person is an individual who accompanies a person with a disability to provide those services that are not provided by movie theatre/attraction employees, such as assisting the person with eating, administering medication, communication and use of the facilities.

There is a \$20 fee to acquire the Access 2 Entertainment Card. The card will be valid for 5 years and can be used at all Access 2 Entertainment Card Partners.

Access 2 Entertainment is managed by Easter Seals Canada.

Canada

#### **TERMS AND CONDITIONS:**

- 1. The application form must be submitted by a person with a disability or a legal guardian on his or her behalf.
- 2. The applicant must be a client of the authorizing health care professional/service provider. The authorized health care provider signing section C must NOT be related to the applicant.
- 3. If the applicant has a CNIB ID card or an Easter Seals Disability Travel Card, a photocopy of either one can be submitted as authorization. (It is not necessary for further authorization. DO NOT SEND ORIGINALS)
- 4. This card is valid for a period of 5 years from date of issue after which a renewal application form must be filed with Easter Seals Canada with a renewal fee to be announced.
- 5. The applicant must be identified as having a disability that requires a support person/attendant while attending an entertainment, cultural, recreation or sporting venue. This must be verified by a registered health care provider or a recognized service provider (see section C for a complete list of regulated health care providers).
- 6. The applicant must present the Access 2 Entertainment card along with personal identification at the movie theatre or selected attraction or venue box office when purchasing his or her own ticket.
- 7. The person with a disability and support person must attend the movie or attraction together.
- 8. The discounted admission fee for the support person will be free or no more than \$3.00 at movie theatres and attractions. Prices may vary from theatre chain to chain or entertain ment venue. No advanced tickets or admissions can be obtained with this card. For theatres: admission tickets can only be issued on the day of the selected movie.
- 9. Tickets can only be purchased in person together with their attendant attending the same show. Under no circumstances are tickets to be resold.
- 10. This program is administrated by Easter Seals Canada on behalf of the Access 2
  Entertainment Partners. Upon submission of your complete application please allow 4 to
  6 weeks for processing of your application and delivery of your Access 2 Entertainment card.
- 11. There is a \$20 replacement fee for a lost or stolen card. Please send a cheque made out to Easter Seals Canada to 40 Holly St. suite 401, Toronto, ON, M4S 3C3
- 12. Applications that are incomplete or improperly completed will not be accepted. The applicant will be notified and asked to re submit a complete and corrected application.
- 13. The Access 2 Entertainment card is a privilege, not a right. Misuse or abuse of this card shall result in the immediate termination and confiscation of the card and its privileges.
- 14. These terms and conditions are subject to change without notice under the authority of the Access 2 Entertainment Partnership.

#### **SECTION B NEW APPLICANT: PERSONAL INFORMATION**

#### PLEASE PRINT CLEARLY - \*Required Fields \*Applicant's Name: \_\_\_\_\_ (Person with disability) \*Address: \_\_\_\_\_ Apt. #:\_\_\_\_\_ \*City: \_\_\_\_\_\*Province: \_\_\_\_\_ \*Postal Code: \_\_\_\_\_ \*Telephone: ( ) \_\_\_\_\_ \*Email: \_\_\_\_\_ Do you have a: ☐ CNIB client ID card or ☐ Easter Seals Disability Travel Card If yes, tick ((1)) the appropriate box and attach copy of the card. **Do not send originals.** If no, complete Section B and have your health care provider fill in Section C. PLEASE NOTE: We are unable to process your application without the \$20 administration fee. Please indicate your form of payment. We advise NOT to send cash. ☐ Cheque for \$20. ☐ Online Credit Card Payment (visit www.access2.ca to pay online) ☐ Money Order for \$20. PRIVACY: Easter Seals Canada is committed to protecting the privacy, confidentiality, accuracy, and security of any personal information that we collect, use, retain, and disclose in the course of the services we offer. ☐ I give permission to Easter Seals to contact me for promotions and updates. I hereby certify that I have read and understood all the terms and conditions as set forth in the application for the Access 2 Entertainment card. \*Applicant's signature: \_\_\_\_\_ \* Date:

#### SECTION C: HEALTH CARE PROVIDER INFORMATION PLEASE PRINT CLEARLY - \* Required Fields \*Name of Applicant: \_\_\_\_\_ (Person with disability) \*Name of Authorized Health Care Provider: Registration Number (if applicable): \*Address: \*City: \_\_\_\_\_\*Province: \_\_\_\_\_\*Postal Code: \_\_\_\_\_\_\* \*Telephone: ( ) \_\_\_\_\_ Email: \_\_\_\_\_ \*Please indicate (□) the category of Authorized Health Care Provider: Physician □ Nurse (RN or RNA) Social Worker (RSW) Occupational Therapist Physiotherapist Audiologist Ophthalmologist **Psychiatrist Psychologist** Recreational Therapist Executive Director of a Disability Services Provider Behavioural Consultant (Only British Columbia applicants) **PRIVACY:** Easter Seals Canada is committed to protecting the privacy, confidentiality, accuracy, and security of any personal information that we collect, use, retain, and disclose in the course of the services we offer. I hereby certify that the applicant is a person with a disability in accordance with the provisions of the Access 2 Entertainment card application and this applicant is a client/patient of mine. Health Care Provider's \*Signature: \_\_\_\_\_\_Date: \_\_\_\_\_

#### **ACCESS 2 ENTERTAINMENT CARD APPLICATION FORM CHECKLIST**

Has Section B been completed by, or on behalf of, a person with a disability?
Has Section C Declaration been completed and signed by a witness?
Are you sending Section B and Section C of the application form only? (It is not necessary to return the entire application form).
Have you enclosed a cheque or money order for \$20 made payable to Easter Seals Canada?
Have you enclosed a self-addressed, stamped, business-size envelope?

Before submitting your application, see Application Form Checklist.

Please mail your application form, a cheque or money order to Easter Seals Canada for \$20 and a self-addressed, stamped, business-sized envelope to:

#### Access 2 Entertainment C/O Easter Seals Canada 40 Holly Street, Suite 401 Toronto, Ontario M4S 3C3

Please allow 4 to 6 weeks for processing of your application and delivery of your

Access 2 Entertainment card

For more information and regular updates, please visit our website at www.access2.ca

Access 2 Entertainment<sup>™</sup> is a trademark of Easter Seals<sup>™</sup> Canada.



#### **National Advisory Group of Disability Organizations**





#### Canadian Hard of Hearing Association Association des malentendants canadiens













#### **Canadian Abilities Foundation**

Tel: (416) 923-1885 Web: www.abilities.ca

#### **Alliance for Equality of Blind Canadians**

Tel: (800) 561-4774

Web: www.blindcanadians.ca

#### **Canadian Hard of Hearing Association**

Tel: (613) 526-1584 Toll Free: (800) 263-8068

Web: www.chha.ca

#### **Canadian Association of the Deaf**

Tel: (613) 565-2882 TTY: (613) 565-8882

Web: www.cad.ca

Candian Nationa Institute for the Blind

Tel: 1-800-563-2642 Web: www.cnib.ca

#### Multiple Sclerosis Society of Canada

Tel: (416) 922-6065 Toll Free: (800) 268-7582

Web: www.mssociety.ca

#### **People First Of Canada**

Tel: (204) 784-7362 Toll free: (866) 854-8915

Web: www.peoplefirstofcanada.ca

#### **Independent Living Canada**

Tel: (613) 563-2581 TTY: (613) 563-4215

Web: www.cailc.ca

#### **Canadian Paraplegic Association**

Tel: (613) 723-1033

Web: www.canparaplegic.org

#### **Easter Seals Canada**

Tel: (416) 932-8382

Web: www.easterseals.ca

#### **SECTION D: ACCESS 2 ENTERTAINMENT CARD PARTNERS**

**Participating Theatre Chains Include:** 

**Cineplex Odeon Cinemas** 

www.cineplex.com

**Galaxy Cinemas** 

www.cineplex.com

**Famous Players Cinemas** 

www.cineplex.com

SilverCity Cinemas

www.cineplex.com

**Colossus Cinemas** 

www.cineplex.com

**Coliseum Cinemas** 

www.cineplex.com

**Empire Theatres** 

www.empiretheatres.com

**Landmark Cinemas** 

www.landmarkcinemas.com

**Rainbow Cinemas** 

www.rainbowcinemas.ca

**Magic Lantern Cinemas** 

www.rainbowcinemas.ca

**AMC Theatres** 

www.amctheatres.com

Capitol Theatres (Yellowknife)

Theatre Near You (Burnaby, Surrey, New Westminster BC)







#### **Participating Attractions**

#### **British Columbia**

#### H.R. MacMillan Space Centre

www.spacecentre.ca 604-738-7827

#### Vancouver Aquarium

www.vanaqua.org 604-659-3400

#### **National Geographic IMAX Theatre**

www.imaxvictoria.com 1-877-480-4887 ext. 1

#### Pacific Cinémathèque

www.cinematheque.bc.ca

#### **Science World**

www.scienceworld.ca 604-443-7443

#### **Ontario**

#### **Art Gallery of Ontario**

www.ago.net 1-877-225-4246

#### Casa Loma

www.casaloma.org 416-923-1171

#### **Chatham Capitol Theatre**

www.chathamcapitoltheatre.com 1-866-807-7770

#### **Lorraine Kimsa Theatre**

www.lktyp.ca 416-862-2222

#### **CN Tower**

www.cntower.com 1-888-684-3268

#### **Harbour front Centre**

www.harbourfrontcentre.com 416-973-4600

#### **Metro Toronto Zoo**

www.torontozoo.com 416-392-5929

#### **National Film Board**

www.nfb.ca

#### **Ontario Place**

www.ontarioplace.com 1-866-663-4386

#### **Ontario Science Centre**

www.ontariosciencecentre.ca 1-888-696-1110

#### **Royal Ontario Museum**

www.rom.on.ca 416-586-8000

#### St. Lawrence Centre for the Arts

www.stlc.com 1-800-708-6754

#### **Ottawa Fat Cats**

www.ottawafatcats.com 613-749-2020

#### **Nova Scotia**

#### **Museum of Industry**

www.industry.museum.gov.ns.ca 902-755-7045





#### **Canadian Tire Jumpstart and RecKids**

Working together to provide recreation opportunities to children, youth and families in financial need.

Canadian Tire Jumpstart / RecKids is a partnership that aims to provide financial assistance to as many children and youth as possible who, due to lack of funds, are not able to participate in sport, art, cultural or recreational activities and programs.

Application Form Section 1: General Information	Season (only ONE program per child, per season) Winter Spring Summer Fall
First Name of child:	Last Name of child:
Birthdate (DD/MM/YY)://	Age:
Gender: MALE FEMALE	
Parent/Guardian's Name:	
Address:	
City:	Province:
Postal:	
Telephone (Day):	(Evening):
Email (Parent/Guardian):	
Section 2: Activity Choice	
Activity:	
Organization:	
Start date/time:	Cost of Activity:
Organization Contact Name & Number	
Other info:	







#### **Section 3: Reference**

#### **Community Leader/Professional**

Please have a reference fill out the section below and send in the attached Reference Letter from Section 5.
The Community Leader should be in a position to identify and assess the economic barriers of the applicant.

ould be in a posi	tion to identify and assess	the economic barriers of the applicant.
	Po	sition:
	C	ity:
Telephoi	ne (Day):	
ation		
further authorize	e Canadian Tire Jumpstart,	
e:		
rocess application	n. Delivery of application for	rm and reference letter can be made by:
ec Kids	<b>DROP OFF:</b> Drop off to any HRM recreation centre.	<b>FAX:</b> Fax your form and letter to 490-3896
	Telephore  Telephore	rence to release personal information requiperation further authorize Canadian Tire Jumpstart, including release to program providers.  e:  DROP OFF: Drop off to any HRM

#### For further information or questions, please contact:

Phone: 902-490-3894 or 490-3895

Web: www.halifax.ca/rec/JUMPSTARTandRecKids

Email: jumpstart@halifax.ca

FOR OFFICE USE:	
Date Application Received:	
Staff Member Processed by:	
Total Cost of Program:	
Breakdown: HRM	
Parents	
Service Providers	
Jumpstart	



Data.



#### **Section 5: Reference Letter**

Reference must be an adult. Reference should be from a community leader/professional like a social worker, financial assistance worker, doctor, professional counsellor, bank official, school principal, legal aid worker or a church priest/pastor. Reference cannot be a family member, a friend, or someone affiliated with the group/organization receiving funding.

Date:	
Canadian Tire Jumpstart/Rec Kids	
Citadel Community Centre	
1955 Trollope St. Halifax, NS	
B3H 0A4	
Telephone: 490-3894 or 490-3895	
TO WHOM IT MAY CONCERN	
Re:	
(Name of Family – Parent/Guardian)	
I can verify that this family has economic barriers which are prev	enting
	from participating in
(Child's Name)	
	without the funding offered through the
(Name of Program)	Canadian Tire Jumpstart/ RecKids program
Sincerely,	
Print Name of Community Leader/Professional	Position
Signature	Telephone
<b>Note:</b> Please be sure to fill out Section 3 of the Jumpstart/RecKid processed until all requirements are met including this letter of Re	

In accordance with Section 485 of the Municipal Government Act (MGA), the personal information collected on this form will only be used by HRM staff for purposes relating to the administration of the Jumpstart Program and the following personal information - first and last name, date of birth and postal code - will be disclosed to Canadian Tire for securing the requested funding. If you have any questions about the collection and use of this information, please contact HRM's Access and Privacy Office at 490-4390 or accessandprivacy@halifax.ca



# Canadian Tire Jumpstart Application Form

Please submit a separate application for each child.

Return fully completed form in-person or by mail to: Canada Games Centre, 26 Thomas Raddall Drive, Halifax, NS B3S 0E2

PARENT / GUARDIAN INFORMATION	NFORMATION					REFERENCE INFORMATION	-ORMATION
Parent/Guardian Name						Each application mu	Each application must have the endorsement (letter
Mailing Address						familiar with your sit	required of a confinantly professional wife is familiar with your situation and who can verify that
City		Prov.		Postal Code		you require assistar reference and must	you require assistance. The letter provides a reference and must be specific to the financial
Home Phone		Other Phone				barriers of the family	barriers of the family. References must be a non- family member. They can be a teacher employer
Email		Relationship				police officer, principal, couns coach or clergy member, etc.	police officer, principal, counselor, social worker, coach or clergy member, etc.
Household (HH) Details	Number of Children in HH:	Size of Household:		1 Parent 2 P	2 Parent	Name	
						Position	
Signature of Parent / Guardian	uardian		Date			Day-time Phone	
CHILD / YOUTH INFORMATION	MATION					Email	
Child / Youth Name				Gender		Relationship	
Mailing Address						I support the reques	I support the request on behalf of the child named
City		Prov.		Postal Code		wnose need is consistent with Jumpstart program guidelines.	wnose need is consistent with the Canadian Tire. Jumpstart program guidelines.
Home Phone		School Name				Signature	
Age		Date of Birth				Date	
SWIM PROGRAM INFORMATION	RMATION					CONFIDENTIALITY	TY
Swim Level						All information recei	All information received is kept confidential.
1 <sup>st</sup> choice	Day	Time				CANADIAN TIRE	CANADIAN TIRE COMMUNICATION
2 <sup>nd</sup> choice	Day	Time				May JumpStart	Yes
3 <sup>rd</sup> choice	Day	Time				with you directly?	No
4 <sup>th</sup> choice	Day	Time				By completing this a	By completing this application, I authorize the local
First time participating in this activity?	YesNo					reference and share organization receivi	Canadian life Jumpstart Chapter to consuit with my reference and share information with the organization receiving payment for my child.
FUNDING REQUEST (E)	FUNDING REQUEST (Expenses the funds will be used for) Maxi	Maximum allowable grant: \$100/session	grant: \$1	00/session		Office Use Only	
Registration Fees	\$ 100					Received	
Total Request	\$ 100					Submitted On	
Previous Canadian Tire Jumpstart Support?	Has your child received previous Jumpstart funding? _ If yes, when?	nding? No	Yes			Submission #	



# Contact us for more info

# KidSport<sup>TM</sup> Nova Scotia

5516 Spring Garden Rd., 4th Floor Halifax, NS\_B3J 1G6 P: 902.425.5450 ext. 350

F: 902.425.5606 E: kidsport@sportnovascotia.ca

OR your local KidSport™ Chapter:

# Kidsport<sup>TM</sup>

Halifax Regional Municipality (same address as above) www.sportnovascotia.ca www.kidsportcanada.ca

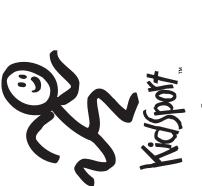


# NOVA SCOTIA

**Equipment Partner** 







Application Form

# Major Supporter





**Program Sponsors** 







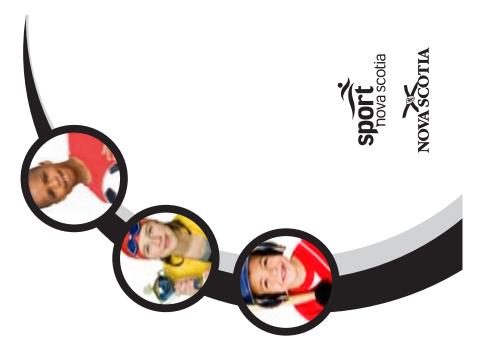
## **Media Sponsors** Coday's best music



# ChronicleHerald

KidSport™ a provincial program of

sport nova scotia



# Application Form (to be completed by an adult)

# PARENT/GUARDIAN INFORMATION

	Postal Code	ail	Number of children in the family	ı Info # 5. Funds will be awarded based or						Postal Code	male   female		que is payable to	See Grant Info # 4		NO SERVICES STAMP HERE					SIGNATURE HERE	rtion.
Parent/Guardian Address		Daytime Telephone E-mail	e-Parent Family Dual-Parent Family	Proof of income must accompany application. See Application Info # 5. Funds will be awarded based on availability.	Signature of Parent/Guardian	INCITATA MICHINA DI IGGA	APPLICANT INFORMATION	Child's Name	Date of Birth		ohone	ort participating in	Name and mailing address of league, association or club that cheque is payable to	Is this the first time participating in this sport? $\square$ Yes $\square$ No $$ See	If no, how many years has he/she been involved?	Has this athlete received previous KidSport $^{\text{TM}}$ funding? $\ \square$ Yes $\ \square$ No	Grant Request: Expenses for the grant will be used for:	Registration/Participation Fees \$	Equipment Request \$	Total Request \$	Equipment	* If request is for equipment only, please provide proof of registration. Is there a Sport Chek location in your area? $\ \square$ Yes $\ \square$ No

# What you need to know

# Application info

- **1** Sport organizations must be a member of Sport Nova Scotia. To view members, visit www.sportnovascotia.ca.
- **2** Approval is based on Statistics Canada's Low Income Cut-offs.
- 3 Applications are accepted six times per calendar year, deadlines are January 1st, March 1st, May 1st, July 1st, September 1st, and November 1st.
- 4 Application form(s) will not be approved until all information is received.
- **5** Proof of total family income must accompany application form. You must include A or B:
- A Proof of total family income (for tax return or notice of assessment call 1-800-959-8281); or
- B Authorization from the Department of Community Services or community services agency (for office locations visit www.gov.ns.ca/coms).
- **6** Complete applications will receive a letter no more than four weeks after the deadline notifying them of the status of their application.



### **Grant info**

- Grants are awarded for registration fees and equipment costs only.
- **2** Total grant will not exceed \$300. Grants for equipment only will not exceed \$200.
- 3 A child can only receive one grant in a calendar year.
- 4 Preference is given to athletes who are being introduced into organized sport for the first time.
- Cheques for registration grants will be made payable to a league, association or club. Cheques/vouchers for equipment will be made payable to a sporting goods retailer. (Note: KidSport™ reserves the right to request proof of purchase.)



## Applicant info

- 1 Applicants must be aged 18 or younger.
- **2** Applicants must be registered with a sport to receive financial assistance for equipment. Proof of registration is required.

any other party without the expressed written consent of the applicant (other than the sport organization for which funding has been requested). Note Scotia and/or its affiliated chapters. Information may be released to funding partners upon request, but will not be released to • ORTANT: KidSport™ Nova Scotia and its affiliated chapters agree that any information provided by the applicant shall be retained by

would like to receive information and updates related to KidSport<sup>TM</sup>



#### **GUIDELINES FOR FINANCIAL ASSISTANCE**

President's Choice® Children's Charity (PCCC) is dedicated to helping children who are physically or developmentally disabled. Our aim is to remove some of the obstacles that make everyday living extremely difficult and make it easier for the child or family to cope with the disability. We provide direct financial assistance in the purchase of mobility equipment, wheelchair accessible modifications, physical therapy and more.

Checklist for applying for Financial Assistance
Complete the Application for Financial Assistance Application form.
Provide a letter telling us about your child, the family situation, what the need is and how our funds will help.
Provide a photocopy of your child's Canadian birth certificate or permanent residence card.
Provide documentation confirming that the household gross income, as shown on line 150 of the CRA Notice of
Assessment(s) of the child's parent(s)/supporting guardian(s) and their respective spouse/common law partner is
\$70,000.00 (aggregate) or less. The most recent Notice of Assessment(s) from Canada Revenue Agency <b>and</b> page 1 and
2 of the correspondent T1, or a copy of the cheque stub(s) from your most recent Social Assistance payment are required
Provide a copy of a licensed medical practitioner's diagnosis of your child's disability.
Provide a letter from a third party (i.e. from a social agency, occupational or physio therapist that helps with your child)
supporting the request and giving an independent view of the family situation.
Provide two quotes (if available) from vendor/supplier on the cost of the item for which funds are being requested.
Provide information on any funds that you have secured or are seeking from other sources.
Provide information on any funds that you are able to contribute.

#### **Granting Policies**

- Funding approval is valid for **6 months** from date of approval.
- Funds are for use only in Canada.
- Child must have a permanent residence in Canada.
- Child must be 18 years of age or younger.
- Family's combined gross household income must be \$70,000 or less.
- The level of funding assistance may vary based on the cost of the item and the availability of funds at the time the request is received. Funds available are based on donations received.
- The ability to fund all eligible applications received is conditional on the availability of funds. Should there be insufficient funds at the time of the application, a waiting list will be employed (although granting may not be based solely on waiting list order).
- The Application for Financial Assistance form must be submitted and approved prior to the equipment being ordered, purchased or services/programs received.
- Guardians should access all other sources of funding available to them prior to requesting funds.
- It is the family's choice of which vendor they would like to use, however if the higher quote is chosen then the family is responsible to pay for the difference between the two quotes.
- If any information is missing or the application is incomplete, it will be returned for completion resulting in a delay in processing the request.
- No additional funding for the same piece of equipment will be provided after funding is approved even if: other agencies
  have not fulfilled their approved funds or changed their funding criteria; items were missed in the quote; increase in size
  of item; additional items are required for equipment.
- If an invoice is received and the date of delivery is noted to be prior to our approval, then it does not meet our criteria; funding approval will not be granted and the family will be responsible for the full amount to the vendor.
- The family is responsible to order the equipment or schedule the service after receiving our approval letter.
- Payment is made to the vendor not the family.
- Granting policies may be changed by PCCC at any time without notice.
- Applicants agrees that the decisions of PCCC are final and that PCCC accepts
  66 liability in such regard.

• Mail your application with all requested information to:

#### FOR ONTARIO, WESTERN & ATLANTIC CANADA

President's Choice Children's Charity 1 President's Choice Circle Brampton, ON L6Y 5S5

#### **FOR QUEBEC:**

President's Choice Children's Charity 400 Sainte-Croix Avenue Ville Saint-Laurent, PQ H4N 3L4

#### • BE SURE TO KEEP A COPY FOR YOURSELF.

While President's Choice® Children's Charity would like to assist all families in need, regrettably demands are extensive and diverse and we must have criteria limitations on certain requests.

#### We Fund:

#### **Physical Disability**

- Angleman Syndrome
- Cerebral Palsy
- Developmental Coordination Disorder
- Epilepsy/Seizures
- Fragile X Syndrome
- Hearing Impaired
- Muscular Dystrophy
- Prader-Willi Syndrome
- Rett Syndrome
- Spina Bifida
- Spinal Muscular Atrophy
- Visually Impaired

#### **Developmental Disability**

- Autism
- Down Syndrome
- Intellectual Disability
- Mental Retardation/Global Developmental Delay
- Tourette Syndrome

#### We do not fund:

#### **Diagnosis**

- ADHD
- Developmental Delay
- Dyslexia
- Dyspraxia
- Expressive/Receptive Language Delay
- Fetal Alcohol Syndrome
- Learning Disability
- Mood Disorders
- Obsessive-Compulsive Disorders
- Reactive Attachment Disorder
- Speech Apraxia/Delay
- Stuttering

#### **Equipment**

- Vail beds
- Swimming pools
- Hot tubs
- Trampolines

#### **Therapies**

- Lipid Replacement Therapy
- Hemispheric Integration Therapy
- Hyperbaric Oxygen Therapy
- Osteopathy and Neuro-Functional Reorganization Therapy
- Naturopathy/supplements
- Music Therapy

If you have questions regarding the eligibility of your diagnosis, please enquire at <a href="Mailto:PCcharity@Loblaw.ca">PCcharity@Loblaw.ca</a>.

Please note that this list is always under review and may change without notice.

If applying for summer camp please submit application prior to May 1. Applications for camp must be received and approved before child attends camp.

If you have any questions about the application or whether we fund certain items/services, please do not hesitate to contact us at 1-866-996-9918 or by email at pccharity@loblaw.ca



#### **APPLICATION FOR FINANCIAL ASSISTANCE**

Child's Name:	FIR	RST NAME	Date of	Birth:	
Address:				,,	
City:		Province:		Postal Code:	
Telephone Number:			Email A	ddress:	
Diagnosis:					
Have you previously received funding from u		No	Year:		
Parent/Guardian:		FIRST NAME	Relo	ationship:	
Marital Status: Married Divorced/s	separated _	Common-law	Single	Widow	
Spouse/Common-law:		FIRST NAME	Relo	ationship:	
LASI NAME		FIRST INAME			
Household Members: (List the name, ag	e, relationship,	and gross inco	me of all persons	who permanently reside i	n your home.)
Name	Age _	Relatic	nship	Gross Income	
Name	Age	Relatio	nship	Gross Income	
Name	Age _	Relatio	nship	Gross Income	
Name					
Name	Age _	Relatio	nship	Gross Income	
Equipment and/or Service Requester	d:				
Estimated Cost of Equipment and/or Service					
	7				
NAME OF VENDOR			NAME OF VENDO	OR	
STORE LOCATION					
What is the store closest to you that sells Presi	ident's Choice®	products?			
Where did you hear about us?			STORE NAME	ADDRESS/CITY	STORE MANAGER
Other funding sources you have acc		<b>.</b>		- I. A	
Employer Extended Health Care Benefits	Yes	No	Amount of	<u> </u>	
Private Insurance	Yes	No	Amount of	-	
OtherNAME OF AGENCY	Yes	No	Amount of	Funding \$	

Calculation of Request for Financial Assist	rance	
A) Estimated Cost of Equipment/Service	\$	
B) Other Funding	WRITE IN AMOUNT FROM PREFERRED VENDOR QU	IOTE
C) Parent Contribution	WRITE IN AMOUNT	
D) Total Remaining	WRITE IN AMOUNT	
-	LINE $A - B - C = D$	

#### **RELEASE OF INFORMATION**

I agree that President's Choice® Children's Charity may:

- Contact vendors, once funding has been approved for the equipment/service being requested in this application, for the purpose of facilitating grant payments.
- Carry out inquiries for the purposes of confirming or clarifying the information submitted, processing the application or addressing an application.
- Contact me for the following purposes:
  - To obtain feedback on the services I received from PCCC.
  - To advise me of new information or services that may be of interest to me.
  - To solicit my view on services or policies affecting people with disabilities.
  - To provide me with an opportunity to contribute to PCCC.
- Disclose any/all of the information in my application to such parties for the purposes set out above.
- Use/publicly display the [FIRST] name for the purpose of raising awareness of [campaigns]/[The President's Choice® Children's Charity].

I instruct and authorize President's Choice® Children's Ch	narity to provide and release any pertinent information to after President's Choice® Children's Charity
NAME VENDOR OF YOUR CHOICE	

funding has been approved for the equipment/service being requested in this application.

#### **RELEASE AND WAIVER**

I hereby release and indemnify and save harmless President's Choice® Children's Charity and its employees from and against any and all expenses related to all claims, demands, liabilities, losses, costs, damages, actions, suits or other proceedings of any nature or kind whomsoever sustained, brought or prosecuted in any manner whatsoever relating to this Application or any funding resulting herefrom, including without limitation based upon, occasioned by or attributable to the negligent act or omissions or the willful or reckless misconduct of the vendor/contractor in the fulfillment of utilizing the funds provided by President's Choice® Children's Charity. President's Choice® Children's Charity acts solely as a third party funder and as such has no role in prescribing, recommending equipment, selecting a vendor/contractor and in the relationship between the parent and vendor. Payment from President's Choice® Children's Charity is not an acknowledgement that the work or equipment was acceptable.

#### CERTIFICATION

I acknowledge that I have read the President's Choice® Children's Charity Guidelines for Financial Assistance and certify that the information provided in this application is true, correct and complete to the best of my ability and the equipment/service has not been received.

Guardian Signature:	 Date:

- Please review the application form to ensure all information and supporting letters/documentation is provided.
- If any information is missing, the application will be returned for completion, resulting in a delay in processing your request.
- Ensure to keep a copy for yourself.

If you have any questions about the application or whether President's Choice® Children's Charity funds certain equipment/service, you can contact us at 1-866-996-9918 or by email at pccharity@loblaw.ca

#### **Confidentiality Policy**

The President's Choice® Children's Charity (PCCC) is committed to protecting the privacy and the confidentiality of the personal information collected by PCCC, from our employees, donors, clients (PCCC families) and volunteers. Any release of information permitted herein shall be on the basis that the recipient shall treat such information in a confidential manner and PCCC shall not be responsible for the acts of such recipient. Details of our privacy policy are available on our website www.presidentschoice.ca or by contacting the Privacy Officer at (800) 525-7868.



#### **ASSISTANCE APPLICATION**

Name of Chile	<u> </u>		
Name of Pare	nt/Caregiver		
Address			
Postal Code_	Tel: Home		
Tel: Work	Email Sex:	$M\square$	$F\square$
Age of Child:	Amount of Assistance Requested: \$		
Children's Trus	If the willing to be interviewed by Q104 or KOOL FM about my/our experient at Fund and the benefit my/our family has derived from it. The interview will are the continue to give generously to the Funds well.	l be recorde	ed and edited, not
Reason for	or request - Please include the child's medical situation and the inter-	ided use of	the funds:
			<del> </del>
along with the information	de a recommendation from a physician, nurse, social worker, or other eir telephone number, and specifying any other assistance you might be to Violet King at (902) 493-3532 or have it delivered to our office at 30, Halifax, NS B3K 4X8. If you have any questions, call Violet at (90)	e receiving 3770 Kem	g. Please fax all ot Road, Suite
Date	Signature		

For more information on Recreation Therapy Services at the IWK, please contact Andrea Waters (902)470-7539 email <a href="mailto:andrea.waters@iwk.nshealth.ca">andrea.waters@iwk.nshealth.ca</a> or Noreen Guptill (902)470-6865 email noreen.guptill@iwk.nshealth.ca